

BAL DE JUGON
(Couple Dance from France)

This is a dance from Upper Brittany, but it is also very popular in other areas of France.

Record: VOGUE EPL 7711, Side 2, Band 1. (On record it is listed as #4.)
Formation: Circle of couples in Varsouvienne position, facing LOD
Introduction: None. Start right in with the first note.

PART I - HEEL AND TOE

Meas.

- 1 Both start with L ft, do a heel and toe in front of R ft.
- 2 With 3 steps (L,R,L) each partner makes a half turn to the Right (CW) (Spot turn) to face RLOD. Do not release hands. M is now to Right of partner.
- 3-4 Repeat action of Meas. 1-2, with opp. footwork and turning L (CCW) to face LOD again.

REPEAT ABOVE FOUR MEASURES THREE MORE TIMES -- FOUR IN ALL.

PART II - PROMENADE

- 1-14 Dance 14 two-steps moving in LOD, starting with Lft for both M and W.
STAMP LEFT, THEN RIGHT FOOT, AND START DANCE FROM THE BEGINNING.
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