

LE BAL DE JUGON - Cple dance from upper-Brittany, France. Formation: Circle of cples in Varsouvienne pos, facing CCW. Meter: 4/4. No introduction.

Meas      Pattern      PART I - HEEL TOE,  $\frac{1}{2}$  TURN. - SAME FTWORK FOR M & W.

1      Extend L heel fwd (1). Touch L toe next to R (2). With 3 steps, LRL, pivot on spot to face CW, making  $\frac{1}{2}$  CW rotation. Do not change places with ptnr. Do not release hands. End facing CW, with M still on inside of circle. (3,&,4).

2      Facing CW, extend R heel (1). Touch R toe next to L (2). With 3 steps RLR, pivot on spot to face CCW. Do not change places. Do not release hands. End facing CCW, with M still on inside of circle (3,&,4).

3-8      Repeat action of meas 1,2, making total of 8 heel toe  $\frac{1}{2}$  turn steps.

PART II - PROMENADE

1-7      Dance 14 two-steps around circle, moving in LOD-CCW, swinging hands and bodies slightly. Start with LRL. End with RLR.

MUSIC HAS TWO NOTE INTERLUDE, TAKE TWO STEPS ON SPOT, L, R.