

BALLOS

SOURCE : Ballos is a dance strictly devoted to the Greek islands. It is a romantic dance lyrical in its ebbing flow, simulating movements of the Aegean and Ionian seas and derives its name from the Italian word for dance «ballo» from the very strong Venetian reign of the Greek isles. The couple dance characteristic is an imitation of the renaissance court dances though maintaining the rhythmic musical styles of the island syrtos music.

2/4 holding hands and handkerchiefs, in couples

Meas. Promenade

- 1 facing partners opposite footwork.
Men: step to L with L ft.
cross R ft over.
step in place with L ft.
 - 2 same as meas. 1 only the opposite direction with opposite footwork.
- B. Holding partners hands and with meas. count holding partners hand at shoulder height. Three measures forward and one backward.
- C. In promenade position taking three measures forward and turning partner on 4th meas.
- D. Holding both hands and traveling in RLOD turning under both arms in four meas. and then return to other direction same thing.
- E. Facing partner and two measures going away from partner and two measures traveling towards partner.
- F. Two measures passing your partner's R shoulder holding on to handkerchief and two measures without turning, returning back to original position.
- All these figures can be repeated either FOUR or EIGHT times according to phrasing of music.

BALLOS

