

## BALLOS

FORMATION: Couples facing counterclockwise, woman on partner's right.  
STARTING POSITION: Inside hands joined, elbows bent so woman's forearm rests on man's, man's outside hand in small of own back with knuckles in, woman's outside hand open and on hip, knuckles in. Outside foot free.



### MEASURE

- 1-4 FOUR ISLAND STEPS FORWARD turning inward (toward partner) half around on the fourth step to face opposite direction (clockwise). Rejoin inside hands.  
5-8 REPEAT pattern of measures 1-4 clockwise, turning on fourth step to finish facing counterclockwise.

### PART I - Formal Promenade (Music A)

- 9-16 With man's hands in small of own back, knuckles in, and woman's hands open and on hip, knuckles in, EIGHT ISLAND STEPS FORWARD, WOMAN TURNING right half around on each step. Woman bends knee slightly on count 1 of each Island Step, bending body slightly sideward to direction opposite from step so feet and body are somewhat in line.

### PART II - Woman turns (Music A)

- 17-24 Partners facing, man's arms stretched sideward, woman's as in Part II, EIGHT DELAYED PAS de BASQUE STEPS alternating sideward to left, right, etc., beginning to man's left, woman's right.

### PART III - Delayed Pas de Basque Steps (Music B)

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### PART IV - Woman turns, man guards (Music B)

- 25-32 Woman: REPEAT pattern of Part II measures 9-16.  
25 Man: With hands as in beginning of Part II, ONE ISLAND STEP (left) FORWARD.  
26 Turning right half around and extending left arm straight sideward, guarding but not quite touching partner, ONE ISLAND STEP (right) BACKWARD.  
27 Returning left hand to small of own back, ONE ISLAND STEP (left) BACKWARD.  
28 Turning right half around and extending right arm straight sideward, guarding but not quite touching partner, ONE ISLAND STEP (right) FORWARD.  
29-32 REPEAT pattern of measures 25-28.

### PART V - Flirtatious promenade (Music C)

- 33-38 With hands as in Part II, except man's right elbow is in front of partner's left, SIX ISLAND STEPS FORWARD.  
39-42 FOUR ISLAND STEPS, woman continuing forward, MAN turning right half around and moving BACKWARD so his left elbow is in front of her left.  
43-46 Both turning left half around, FOUR ISLAND STEPS (clockwise), man still moving backward and woman forward, his right elbow in front of her right.

- 47-54 REPEAT pattern of Part IV measures 25-32.

### PART VI - Woman turns, man guards (Music D)

- 55-62 REPEAT pattern of Part III measures 17-24.

### PART VII - Chase (Music E)

- 63-64 With hands as in Part III, TWO ISLAND STEPS, man turning left once around and playfully trying to flip woman's skirt as she turns right once around and dodges his attempt.

### PART VIII - Chase (Music F)

- 65 Man does the following (woman with opposite footwork), both with hands as in Part II:  
(1) STEP SIDEWARD LEFT on left foot, turning body slightly right (counts 1-and),

- (2) CROSS AND ROCK on ball of RIGHT foot in BACK of left, turning body slightly left (count 2),

- (3) As step (1) above (count and).

- (4) As step (2) above (counts 1-and),

- (5) As step (1) above (count 2),

- (6) As step (2) above (count and),

- (7) As step (1) above (counts 1-and),

- (8) As step (2) above (count 2),

- (9) As step (1) above (count and),

- (10) As step (2) above (counts 1-and),

- (11) LEAP SIDEWARD LEFT on left foot (count 2),

- (12) CROSS AND LEAP on RIGHT foot in FRONT of left (count and).

- 69-80 REPEAT pattern of measures 65-68 three more times (four times in all).

### PART IX - Rocking steps (Music G, H)

- 81-82 With hands as in Part II, TWO ISLAND STEPS (the first preceded by a slight hop as a preparatory movement), EXCHANGING PLACES, man moving forward and raising left arm trying to catch partner, she turning right half around under his left arm and eluding him.

- 83-84 REPEAT pattern of measures 81-82, man moving backwards and woman again turning right half around under his right arm.

- 85-96 REPEAT pattern of measures 81-84 three more times (four times in all).

### PART X - In and out (Music J)

- 97-112 REPEAT pattern of Part IX measures 67-68 eight times.