

Pot-Pourri of Ballos

(Greece)

Formation: Couples in a circle. The man is on the woman's R. The man's L hand is joined with the woman's R. The Man is ahead and a little outside of the woman. The effect is of the man pulling the woman and she is resisting.

Steps: Begin with the R ft with a series of three syrto steps in the line of direction. (One large step and two smaller steps). On the fourth syrto step back with L ft and cross over it with the R and the step on the L. This is done still in syrto rhythm.

Three syrto in the line of direction the man pulling the woman. On the third the man should begin to move to the inside of the circle to face the woman. The fourth syrto he comes to face the outside of the circle and the woman inside.

Facing your partner in a series of four syrto steps alternate first with the R ft stepping back and completing the step then forward for the second syrto beginning with the L ft. The man has his handkerchief wrapped around the back of his neck. He snaps his handkerchief in front of her mouth. The last four steps are repeated.

The man takes two syrto steps out of the circle passing the woman on her right. The woman takes two syrto steps into the circle. Both take two syrto steps backwards. The couple never takes their eyes off one another. The man snaps at the woman's skirt when he passes. The woman places her hands on her hips. This last series is repeated.

The next four syrto the woman turns CW in place as the man does four syrto steps around her. His body does not turn only his head so he can watch her at all times.

Facing your partner, men on the inside each person does a syrto to his R and then L. Alternating for four syrto steps. On the fourth the woman turns CCW and faces the line of direction. The men face the line of direction, after the fourth syrto and the couple is in a promenade position.

In a series of four syrto, three are fwd beginning with the R ft. On the fourth syrto with the L ft step back and complete the syrto step in place. Repeat the above four syrtos twice but on the third time the fourth step the woman turns under the man's arm and faces him but is slightly on his R. The man's R arm is extended.

In a series of four steps, the first two are done with woman moving bkwd and the man fwd. The man snaps her bkwd. The cpl turn so the woman is moving fwd and the man bkwd. The man's L arm is extended. His hand is open to slow the woman down. Repeat the last four syrto steps.

This is the end of the dance. The man takes the woman's R hand in his L hand and repeats the dance twice.

On the third time of the dance the man and woman face each other with the man inside the circle facing out. They join hands, doing syrto steps, turn under your arms slowly keeping eye contact and as close together as acceptable. The couple turns quickly under and ends up facing one another.

This is a flirtation dance and should be danced as such. Eye contact should be kept as much as possible. Both partners need handkerchiefs.