

## BALUCINATA

BACKGROUND : The meaning of the word "Baluca" is not quite clear.  
AND Baluca-type of dances are originally done in Rumania  
SOURCE and were probably taken to Northwestern Bulgaria by  
the Vlachs. It is also one of the popular local  
dances in the village of Lipen, Michajlovgradski  
district, N.W. Bulgaria (Severniaško).  
The musical accompaniment is played by, the for this  
area most characteristic combination of, "duduk"  
(a sheperd's kind of block-flute) and "tâpan"  
(a big drum).  
"Balucinata" was learned by Jaap Leegwater from the  
local folklore group in the village of Lipen on a  
research trip in the autumn of 1979.

MUSIC : Cassette "Bulgarian Folk Dances"  
Jaap Leegwater JL1984.02.

STYLE : - slight knee bend position, body leans a little  
bit fwd at waist  
- small steps on full ft, moving sdwd and keep  
facing ctr

METER : 2/4

FORMATION : medium-lenght lines. Hand belt hold, L over.

INTRODUCTION : 1 measure

### MEAS

### PATTERN

1	facing ctr, moving sdwd L and body benbing slightly at waist, step on R ft in front of L ft (ct 1), bend R knee (ct &), step on L ft sdwd L (ct 2), bend L knee
2	repeat action of meas 1
3	step on R ft in front of L ft (ct 1), bend R knee (ct &) step on L ft sdwd L (ct 2), step on R ft in front of L ft (ct &)
4	step on L ft sdwd L (ct 1), step on R ft slightly bkwd (ct &), step on L ft sdwd L (ct 2), move R leg fwd in front of L ft (ct &)
5-8	repeat action of meas 3-4 two more times
9	step on R ft in front of L ft (ct 1), bend R knee (ct &) step on L ft in front of R ft (ct 2), bend L knee (ct &)
10	step on R ft sdwd R (ct 1), bend R knee (ct &) step on L ft in front of R ft (ct 2), bend L knee (ct &)

(continued)

BALUCINATA (continued)

<u>MEAS</u>	<u>PATTERN</u>
11	step on R ft sdwd R (ct 1), step on L ft in front of R ft (ct &), step on R ft sdwd R (ct 2), step and close on L ft next to R ft (ct &)
12	step on R ft in front of L ft (ct 1), bend R knee (ct &) step on L ft sdwd L (ct 2), step on R ft in front of L ft (ct &)
13	step on L ft sdwd L (ct 1), step and close on R ft next to L ft (ct 2)
14-15	repeat action of meas 12-13, reversing ftwk and direction

N.B. Repeat the dance three more times.

Finish the dance by changing meas 14-15 into :

14	step on L ft in front of R ft (ct 1), raise R ft to R side, knees together (ct &) close R ft to L ft with a shatp click (ct 2)
15	hold

Description by Jaap Leegwater © 1983 Presented by Jaap Leegwater