

Folk Dance Camp, 1976

Banjo Contra

by Jerry Helt

Record: Blue Star BS 1739, BS 1994, LP 1029

Formation: Contra lines, cpls 1, 3, 5, etc. active and crossed over (Improper Duple)

CountsCalls and Explanations

- 1-8 Banjo with the one below. men fwd go
Facing the one below, join both hands and assume Butterfly Banjo pos (R hips adjacent). M go fwd, W bkwd, pivot on place (backtrack) to assume Sidecar pos (L hips adjacent).
- 9-16 Sidecar back to place you know. face the girl
In butterfly Sidecar pos (L hips adjacent), M go fwd, W bkwd, return to place and face each other (Butterfly pos facing).
- 17-24 Heel and toe here we go. heel and toe back you go
Starting with ML, WR ft, move twd M's L, W's R with a "Heel and toe, and step, close, step," then with the other ft, move twd M's R, W's L, repeat the same action.
- 25-32 Heel and toe here we go. heel and toe back you go
Repeat cts 17-24.
- 33-40 Do sa do same girl. you know
Do sa do the same lady.
- 41-48 Same girl swing
Swing the same W and finish with the W on that M's R, facing the ctr of the set. Progression has been made; actives have moved down one place in line, inactives up one place, and all dancers are in orig lines.
- 49-56 With the cpl across circle four to the L
With the facing cpl in the opp line, join hands and circle four to the L.
- 57-64 L hand Star with the same four
The same four dancers L hand Star exactly once around to end in their orig long lines, but facing a new person below.

Caller indicates "Ends Cross Over" every second and alternate sequence throughout the dance.