

BANNIELOU LAMBAOL - French circle dance. Formation, circle or open circle,  
ldr at left. Hands held at shldr level. Pinky hold. Face ctr. Meter: 4/4

MEAS      PATTERN      SIDE STEP TO L - CLOSE R TO L.

- 1      Step on L to L, flexing knees slightly before step (1). Close R to L  
(2). Hand action for cts 1 and 2. Make complete CW circle with hands,  
bringing hands up, fwd, around, down, and back to beginning position.  
Action for cts 1,2 constitute side close step. Repeat side close  
step action meas 1, cts 1,2 (3,4).
- 2      Repeat meas 1, cts 1-4. Two side close steps.
- 3      PART II - POINT ACTION, SIDE CLOSE STEP.  
Extend R fwd, touch R toe, pushing hands straight fwd from shldrs (1).  
Pull R back to L, touch action, no weight. At same time, pull hands  
back to shldrs (&). Extend R fwd again, touching toe, extending hands  
(2). Close R to L, stepping on R, bringing hands back to shldrs (&).  
Repeat action of step close step, meas 1, cts 1,2. (3,4).
- 4      Repeat action of meas 3, cts 1-4.

-----  
Slight retard in music, dance begins again.  
-----