

## Bapčor

Macedonia

This dance is from village Bapčor in Aegean Macedonia.

Rhythm: 12/16 ( 1 2 3 4 5 )

Formation: "W" hold, mixed or separate line or open circle

Meas.

Fig. 1

- 1 Facing diag. CCW, Hop on L, rise R knee up in front(ct.1); Step on R fwd(cts.2,3); Step on L next to R(ct.4); Step on R fwd(ct.5)
- 2 Step on L fwd(ct.1); Slightly lift on L(ct.2); Step on R fwd(ct.3); Bring L knee high from side to front(ct.4); Step on L in front of R(ct.5)
- 3 Hop on L, facing ctr, rise R knee up in front(ct.1); Step on R to R(cts.2,3); Čukče on R and rise L knee up in front(cts.4,5)
- 4 Step on L just back of R and turn body slightly to L(ct.1); Same position, turn body slightly to R(ct.2); Hold(ct.3); Step on R in front of L(ct.4); Step on L in place (ct.5)

Fig. 2

- 1 Repeat Fig.1, Meas.1
- 2 Small leap step on L, R fwd(cts.1&); Slightly lift on R(ct.2); Step on L fwd(ct.3); Step on R fwd(ct.4); Step on L fwd(ct.5)
- 3 Small leap step on R, L fwd(cts.1&); Step on R fwd and face ctr.(cts.2,3); Step on L in front of R(ct.4); Step on R in place(ct.5)
- 4 Hop on R, rise L knee up in front(ct.1); Step on L to L(cts.2,3); Step on R in front of L(ct.4); Step on L in place(ct.5)

Interlude

- 1 Facing ctr, Hop on L, rise R knee up in front(ct.1); Step on R next to L(cts.2,3); Step on L next to R(ct.4); Hold(ct.5)

Presented by Atanas Kolarovski  
Dance notes by Fusae Senzaki  
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