

## BAR

Source: Tineke van Geel, popular among Armenian communities in New England (USA)  
Translation: Dance  
Meter: 4/4  
Formation: lines, holding little fingers in W pos, face diag R  
Introduction: after an improvisation part, the 2/4 beat starts, which is the beginning of the dance

<u>Meas</u>	<u>Cnt</u>	<u>Figure (move LOD)</u>
1	1	step on R to R, fore arms make a 'windshield wiper movement' to R
	2	step on L to R, fore arms make a 'windshield wiper movement' to L
2	1	cross R over L, arms come back in W pos
	2	chug bkwd on R, while L is lifted, L knee slightly bent
3	1	step bkwd on L
	2	step on R in LOD
4	1	step on L in LOD
	&	close R to L
	2	step on L in LOD
		During meas 4 the arms 'stay behind' and move horizontal to L, L elbow stretched
5	1	step on R in place, turn to face ctr, arms move horizontal to R, R elbow stretched
	2	touch L toe fwd to floor
6		reverse meas 5 with opposite foot- and arm work, (start L)
7-8		repeat meas 5-6