

LAYLAH LAYLAH (continued)

Counts

Description

Part 3 (continued)

- 8 step on L ft to L side while turning to L to face woman
"Waltz" step fwd on R ft while changing to side by side position and facing LOD

Part 4: Couples face LOD, side by side (as in the beginning)

- 1-2 Repeat steps of counts 1-2 in Part 2
3 "Waltz" step on L ft fwd
4 Partners turn to face each other, both hands joined and stretched to sides, shift weight onto R ft with a deep knee/bend and inclining body to R side, and hold
5-6 Hands drop; each partner makes alone a small circle away and toward each other, with 2 "waltz" steps, man beg with L ft, CCW, woman beg with R ft CW
7-8 Partners join R hands down, with R shoulders adjacent; thus turning together in place CW with 2 "waltz" steps, man beg with L ft, woman with R ft, ending up in original side-by-side position facing LOD, to begin the dance

BLUE STAR CAMP 1979

BAREKH ALEINU

(Bless Us)

- Choreographer: Shlomo Maman
Music: Khitman
Group Formation: Circle, hands joined above shoulders with bent elbows, moving CCW
Dance Structure: Two parts, the second part has two sections and a transition

Counts

Description

Part 1: Face LOD, CCW

- 1-2 Two running steps fwd beg with R ft
3-4 Jump on both feet together, hop on L ft
5-8 Repeat counts 1-4
9-12 Balance fwd on R ft, bent-knee, step on L ft in place, body bends slightly bwd, step on R ft, bwd, step on L ft in place, bending body slightly fwd
13-16 In place, step on R ft to R side, step L in place (to L), close R ft beside L ft, jumping on both feet together, land on L ft
17-32 Repeat counts 1-16

(cont.)

BAREKH ALEINU (continued)

Counts

Description

Part 2: Face center

Section A:

1-2 Cross R ft in front of L ft, step on L ft in place (back)
3-4 Wide step on R ft to R side, close L ft beside R ft
5 Drop hands, step on R to R side
6-8 Three light hops on R ft, making a whole turn CW, in
place, while L leg is raised in air with bent knee
9-16 Repeat counts 1-16 in opposite directions and reverse
feet (beg with L crossing in front of R)

Section B: Face center, move toward and away from center,
hands dropped

1-2 2 running steps toward center, beg with R ft
3-4 Step-hop on R fwd
5-6 Touch with the whole L ft crossing slightly in front of
R ft, turning the body slightly to R side, hands
stretched upward, raise L leg slightly off the ground
7-8 Repeat counts 5-6 touching with L ft to L side, and end
up with back to center
9-16 Repeat counts 1-8, with reverse feet moving away from
center, beg with L ft, turning L shoulder outward

Transitional Section: Face center, hands joined
1-2 Step on R ft fwd with bent knee, step on L ft in place
3-4 Close R ft beside L ft jumping on both feet together,
land on L ft in place

BLUE STAR CAMP 1979

AYELET AHAVIM

(The Beloved Maiden)

Choreographer: Eliyahu Gamliel
Music: Khagidakis
Group Formation: Couples in a circle, face to face, hands not joined,
man inside with back to center, his hands crossed
in front of chest, woman outside, hands together
behind her back
Structure of Dance: Three parts; in the following order: 1,2,1,2,-3
Measure: 4/4

Counts

Description

Part 1: Couples in above formation

Man's Steps:

Woman's Steps:

1-2 Step on R ft to R side, hold
3-4 Cross L ft in front of R ft, snap fingers of both hands

Step on L ft to L side, hold
Cross R ft behind L ft, hold

(cont.)