

BARIŞ HALAYI
(Turkey)

Source: Learned in Berkeley in 1968. Presented at the 1975 San Diego Folk Dance Conference.

Record: ÇARIK 102, Side I, band 2

Rhythm: 4/4

Formation: Men and women in curved lines of 6-8 people, NO MORE, around a circle, interlocked fingers, hands down at sides, close bodies, L shoulder in front of neighbor's R shoulder.

Styling: Arms remain firmly at sides throughout the dance; own arms squeeze slightly toward middle of body to apply pressure against neighbor's arms. Knees are "bouncy" for most steps. Men shout "HUH-HUH!" in rhythm on off-beat, women follow with uyulations.

Measure	Description
---------	-------------

INTRODUCTION

During musician's solo, dancers stand in their tight curved lines and "sway" slowly from side to side, following the leader at the head of the line. Leaders on each end stand with ft spread apart for solid balance; dancers in-between stand with ft together. As you lean to the R, push down with R arm and pull up with L, keeping both arms very straight and leaning with WHOLE body. As you lean to L, push down with L and pull up with R.

FIGURE I. BOUNCE ON RIGHT

- | | |
|-----|--|
| 1 | Facing center, moving R with "bouncy" steps, step R (ct 1) Step L behind R (ct 2), step R (ct 3), close L to R, keeping weight on R (ct 4) |
| 2 | Put L fwd with no wt, flexing both knees and leaning bkwd (ct 1), bounce on R heel twice, straightening body and both knees, L sliding midway back to place. tapping L lightly with each bounce (cts 2,&) |
| 3-8 | Repeat ct 1 (ct 3), step L next to R and straighten body (ct 4) |
| 3-8 | Repeat measures 1-2 three more times, leader signaling change to next pattern by calling "Geç, Geç" (Getch, Getch) during measure 8, in rhythm to music, or, the leader may call "Geç, Geç" after any number of repeats of Figure I. |

FIGURE II. CIRCLES

- | | |
|-----|--|
| 1 | Repeat measure 1, Figure I |
| 2 | With feet together, flex knees and describe a circle from L to R (cts 1,2), repeat (cts 3,4) |
| 3-8 | Repeat measures 1-2 until leader calls "Geç, Geç" |

(continued)

BARIŞ HALAYI (continued)

Measure	Description
	<u>FIGURE III. JUMPS</u>
1	Repeat measure 1, Figure I
2	With feet together, jump fwd, flexing both knees and leaning body bkwd (ct 1), jump back to place, straightening knees and body and bounce twice on both heels (cts 2,&), repeat ct 1 (ct 3), jump back to place, straightening knees and body (ct 4)
3-8	Repeat measures 1-2 three times or until leader calls "Geç, Geç"
	<u>FIGURE IV. STEPS AND LIFT</u>
1	Repeat measure 1, Figure I
2	Put L fwd with no wt, flexing both knees and leaning bkwd (ct 1), step L next to R, straightening knees and body (ct 2), step R next to L (ct &), step L next to R (ct 3), lift R knee high, toe pointing down, leaning body back (ct 4)
3-8	Repeat measures 1-2 three times or until leader calls "Geç, Geç"

Repeat Figures I through IV until end of music.

Presented by Bora Özkök