

BAT ARAD *(also Bat Harad)*

Circle dance, facing in twd Ctr, hands joined down.

PART I

- | | | | |
|--------|---|---|---|
| 1 | L | } | Mayim around Ccw. |
| 2 | R | | |
| 3 | L | | |
| 4 | R | | |
| 5 | L | } | Cherkessia, facing Ccw. |
| 6 | R | | |
| 7 | L | | |
| 8 | R | | |
| 9 | L | } | run fwd, around Ccw. |
| 10 | R | | |
| 11 | L | | |
| 12 | L | | |
| 13 | R | } | hop in place, turning CCW through Ctr to face Cw. |
| 14 | L | | |
| 15 | R | | |
| 16 | R | | |
| 17-32: | | | repeat. |

PART II

- | | | | |
|----|---|---|---|
| 1 | | } | jump up in place, facing in twd Ctr, dropping hands,
landing with feet together, knees slightly bent.
repeat 1-2. |
| 2 | B | | |
| 3 | | | |
| 4 | B | } | jump up in place, low jump, landing with
R ft fwd, L ft back, both knees bent.
repeat 5-6, shifting weight to R ft. |
| 5 | | | |
| 6 | B | | |
| 7 | | } | step hop fwd, twd Ctr. |
| 8 | B | | |
| 9 | L | | |
| 10 | L | } | step fwd, twd Ctr.
step back to place.
step hop back, out from Ctr. |
| 11 | R | | |
| 12 | R | | |
| 13 | L | } | Mayim around Cw, moving out from Ctr. |
| 14 | R | | |
| 15 | L | | |
| 16 | L | } | step across over L. } facing in twd Ctr.
step back to place. } |
| 17 | R | | |
| 18 | L | | |
| 19 | R | } | step-pivot around Ccw, making a full turn CW
through Ccw, out from Ctr, and Cw. |
| 20 | L | | |
| 21 | R | | |
| 22 | L | } | step } fwd, twd Ctr, facing in twd Ctr.
step }
step }
hop } |
| 23 | R | | |
| 24 | L | | |
| 25 | R | } | step back, out from Ctr. |
| 26 | L | | |
| 27 | R | | |
| 28 | R | } | |
| 29 | L | | |
| 30 | R | | |
| 31 | L | } | |
| 32 | R | | |