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described as

\begin{bmatrix}
1,2 & 3,4
\end{bmatrix}
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- . circle formation
- hands held above shoulder height, with straight elbows
- . introduction to beginning of voice
  - A. Facing and travelling c.c.w.

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step R diag. fwd to R (1,2) step L beside R (3)
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step R beside L (4)

step L diag. fwd to L (1,2) step R beside L (3)

step L beside R (4)

step R diag. fwd to R (1,2) step L beside R (3)

step R beside L (4)

step L diag fwd to L on plië (1,2)

step R diag fwd to R on plie (3,4)

5-8 rep. meas. 1-4 with opp. ftwk

9-16 rep. meas. 1-8

4

- B. Facing centre of circle, elbows bent, travelling bkwd and fwd
- small hop on L (1) small step bkwd on R (2)
- small hop on R (3) small step bkwd on L (4)
- small hop on L (1) small step bkwd on R (2)
- small hop on R (3) small step fwd on L (4)
- 3 small hop on L (1) small step fwd on R (2)
- small hop on R (3) small step fwd on L (4)

small hop on L (1) small leap fwd onto R (2)

stamp step fwd on L (3,4)

5 small hop on L (l) stamp no body weight R beside L (2)

stamp with body weight R (3,4)

small hop on R (1) stamp no body weight L beside R (2)

stamp With body weight (3,4) -----

jump on both feet to L (1,2) jump on both feet to R (3,4)

jump on both feet to centre (1,2,3,4)

9-16 rep. meas. 1-8

- C. Facing centre of circle
- step on R heel diag. fwd, extending arms to shoulder height (1) step L on the spot (2) close R to L (3,4)

2 rep. meas. 1

3 travelling c.c.w. step on R heel to R (1)

step L beside R (2) step on R heel to R (3)

step L beside R (4)

step on R heel to R (1) step L beside R (2)

close R to L (3.4)

5-8 rep. meas. 1-4 with opp. ftwk travelling c.w.

Repeat dance from beginning to end.