

THE BEAR CAME OVER THE MOUNTAIN

(United States) *American*

This is the American version of the European "Seven Jumps."

Join hands (no ptrs) in a circle and skip L to:

The Bear came over the mountain.....3 times

To see what he could see.

Release hold, place R palm over R eye and turn head singing slowly "To see what he could see....." Repeat this line with L hand.

Start dance from beg and each time add another action but always holding hand over eye and looking hard: Raise R ft, L ft, kneel on R knee, L knee, lean on R elbow, L elbow, with both elbows, etc.

Presented by: Vyts Beliajus

Folk Dance Camp, 1962