

Formation

Two sets of three persons face each other - two men, one lady in each set.

Leaders Cue

1. Now you lead right down through the valley.
2. And you circle to the left and to the right.
3. And you swing that girl in the valley.
4. And you swing that red river gal. Now you lead right on down through the valley, and you circle to the left and to the right.
5. And the girls make a star in the valley.
6. And the boys do-si-do to the right, Now you lead, etc.
7. And you lose that gal in the valley.
8. And you lose your Red River Gal.

Action

1. Sets pass the couple they face and move to left to a new set.
2. Join hands and circle about three steps each way.
3. Men swing own right hand lady.
4. Swing left hand lady. Same action. Same action.
5. Four ladies make right hand star.
6. Two men do-si-do with each other.
7. Right hand ladies exchange.
8. Left hand ladies exchange.

POP GOES THE WEASEL *AMERICAN*

Fine for campfires, times when you have no P.A. systems, etc. and need some type of recreation.

Music: No music is needed with this number. Just sing it.

Formation

Sets of three, preferably one boy and two girls, inside hands joined; all sets facing counter-clockwise.

Action

All walk forward singing, "All around the mulberry bush, the monkey chased the weasel". The outside dancers join outside hands and then inside hands with the odd person, still walking forward and singing. "That's the way the money goes". On the words, "Pop goes the weasel", the center dancer is popped under the arch and on to the next couple for the next repetition.

Leaders Cue

Even though music may be found for this dance, it should not be used as it goes much better with the leader working with the group.

SINGING GAMES

THE BEAR WENT OVER THE MOUNTAIN *AMERICAN*

A good novelty number to liven up a party.

Music: Everyone sings "The Bear Went Over the Mountain"

Formation

Single circle. It is not necessary to have partners, but it makes it more interesting.

Action

(1) Group joins hands and moves to the left singing, "The Bear Went Over The Mountain".

(2) On the first "To see what he could see", players stop.

(3) On the second "To see what he could see", players lift right knee pointing uplifted foot toward center.

(4) Group moves to the left singing.

(5) They stop as before, repeat the

first movement as before and lift left knee on third "To see what he could see".

(6) Next time, repeat all the previous movements, but kneel on right knee.

(7) Now, repeat all previous movements but add kneeling on left knee.

(8) Next, add placing right elbow on floor and resting chin on right hand.

(9) Add shifting to left elbow and left hand.

(10) Add resting chin on both hands, elbows on the floor.

(11) Next, add touching head to the floor.

(12) The game ends with the circle moving to the left singing, "The Bear Went Over The Mountain" to the tune of "Pig in the Parlor".

Leaders Cue

Put some life into it and you will have many rewards.

BINGO

AMERICAN-SCOTTISH

Music:

Formation

Couples in a double circle, facing counter-clockwise.

Action

(1) Beginning on left foot, all couples march around the room singing the first four lines of the song.

(2) On the "B, I, N, G, O" Chorus, couples fall back into single circle, join hands, and continue moving to the right.

(3) As the letters B, I, N, G, O are spoken, partners turn to face each other, take ladies right hands on "B", Left to next lady on I, right to next lady on N, left to next lady on G.

(4) On "Oh" they reach the fifth person who is their new partner. They may

swing with elbow swing or regular square dance swing. They then continue the game with this new partner.

Leaders Cue

A farmer's black dog sat on the back porch and Bingo was his name. A farmer's black dog sat on the back porch and Bingo was his name. Chorus: B, I, N, G, O; B, I, N, G, O; B, I, N, G, O; B, I, N, G, O; and Bingo was his name. Spoken: B, I, N, G, O, OH! Sung: And Bingo was his name!

I'VE BEEN WORKING ON THE RAILROAD

AMERICAN

Music: Sing the song as a group

Formation

Double circle, men on the inside, partners hands in skating position. Couples facing counter-clockwise.

Action

(1) All couples promenade counter-clockwise, starting on left foot.

(2) Couples stop - put left heel forward and back to place.

(3) Right heel forward and back to place.

(4) Bend both knees and bob down and back up in place and yell "Hey". The same steps are repeated on the next part and on 5.

(6) Repeat same as above.

(7) In place, partners release hands with men left and ladies right, pull the whistle as they say, "Whoo, whoo!"

(8) Men drop back into single circle, stepping in ahead of their own partners, so that all form a single file circle marching counter-clockwise, right hands on the shoulder of the person in front. March to the last part of the song and end with another "Whooo, whooo!" Man steps ahead and to the inside of the circle to the lady ahead of him who is his next partner.

Leaders Cue