

For 6 men standing in a column of 3 couples

2 4 6

Each man carries a stick in his right hand.

Top 1 3 5

Traditionally, sticks are 33 inches long, diameter 1 inch. During A music figures they are held vertically, at arms length in front of the body. Before the music begins the set lines up, facing the top, sticks held out.

STEP For all A music figures, except Introductory-Ring, the morris single-step (hop-step) is used, 3 hop-steps to a measure, with an Ending in the last measure, of a dance-walk step backward, then forward and feet together, clashing sticks with partner.

MUSIC FIGURES (Start A music figures on outside foot).

- A 1-8 INTRODUCTORY-RING As the music begins, all dance-walk around in a ring, clockwise, 21 steps (3 to a measure) and on final measure face partner and dance Ending (described above). Note that dancers in right-hand file must turn out to the right as they begin to dance around the Ring.
- A 1-8 FOOT-UP Facing up all dance 3 single-steps forward, 3 in position, 3 retiring backward, then face partner and dance Ending. Repeat whole.
- B 1-4 STICKS WITH STRIKE 1 and 6 advance 3 walk steps towards one another (right, left, and feet together with a slight stamp). On the first beat strike butt of stick on the ground, on the second beat let tip of stick fall forward to ground, and on the third beat (as feet are brought together) stand up and strike tips of sticks together, at head level.  
2 and 5 advance and do the same (while 1 and 6 retire to places)  
3 and 4 advance and do the same (while 2 and 5 retire to places)  
All do as above with own partner.
- B 5-8 As in B 1-4.
- A 1-8 HALF-HANDS Partners advance obliquely to the left 3 single-steps, 3 in position, 3 retiring to places, and Ending. Repeat, but advancing to the right.
- B 1-8 STICKS WITH LOW-SHOOT As in "Sticks with Strike" above, but instead of striking sticks on the third beat, aim stick at the other dancer, looking along it.
- A 1-8 PROCESSIONAL-DOWN 1st couple advance and retire as in Foot-up, moving down and back between the other dancers. Then 2nd couple, followed by 1st, the same.
- B 1-8 STICKS WITH HIGH-SHOOT As in "Sticks with Low-Shoot" above, but shoot in<sup>same</sup> to the air instead of at the other dancer.
- A 1-8 PROCESSIONAL UP 3rd couple advance and retire as in Foot-up, moving up and back between the other dancers. Then 2nd couple, followed by 3rd, the same.
- B 1-8 STICKS WITH STRIKE As above.
- A 1-8 DANCE-ROUND Partners join right hands (shifting stick into left hand) and dance round to places - 3 single-steps forward to opposite side, 3 in position, 3 forward to own place and Ending (releasing hands and shifting stick into right hand). Repeat, but joining left hands.
- B 1-8 STICKS WITH LOW-SHOOT As above.
- A 1-8 WHOLE HEY All dance a figure eight along own line. To begin, first couple faces 2nd couple and they pass right shoulders, while 3rd couple faces up and comes in passing left shoulders on meeting 1st couple. All continue weaving in and out along own side to places. Partners move along parallel tracks, turning to the left at the bottom and to the right at the top. The step is a single-step as before but dancers move forward all the time. There is no Ending in the half-way position, but on the final measure partners face and dance the usual Ending. The entire Hey uses 21 single-steps and Ending.
- B 1-8 STICKS WITH HIGH-SHOOT As above, but instead of the final "shoot" all face up striking stick with partner's stick.

Credit: Described by Frederick Hamer for the EFDSS from Cecil Sharp's manuscript notes. Amplified by May Gadd for THE COUNTRY DANCE SOCIETY OF AMERICA.