Music: Use any good medium two-step record.

Formation

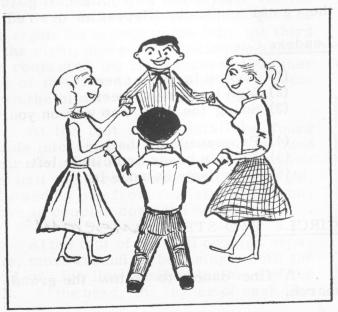
Call the figures you wish which will change partners. Start with single circle, ladies on the right.

Action and Leaders Cue

- (1) Ladies in the center, pretty side out. Gents outside, circle to the left; dance with the partner you meet.
- (2) Promenade around the circle, ladies go forward and the gents turn back.
- (3) Circle up four in the center of the floor. Dance with the partner you meet.
- (4) Promenade around the ring. All to the center and back. Dance with the lady across the hall.
- (5) All join hands in one big ring. All to the center and back. Dance with the lady across the hall.
- (6) All join hands in one big ring, grand right and left, dance with the lady you meet.

BEAN LEICNEAN GAELIGE IRISH WASHERWOMAN , RISH

Music: Record: RCA 45-6178 "Irish Washerwoman"



Formation

Single circle, all facing in - Ladies on partners right.

Leaders Cue

All join hands and into the middle
And when you get there keep time to the
fiddle
And when you get back remember the call
Swing on your corner and promenade all
(Promenade 16 counts and repeat all)

Action

(All in four steps)
(Stamp foot four times)
(Four steps back out)
(Swing corner lady and promenade)

LADIES TO THE CENTER AMERICAN

An excellent dance for parties with extra men or ladies as no one needs partners to start out.

Music: MH-1110 "Skip to My Lou".

Formation

Single circle, no partners necessary, all facing in.

Action

All ladies take three steps to the center and on "ding, ding", clap twice.

As the ladies back out, the gents take four steps to the center and join hands in a circle.

While the ladies clap, the men circle to the left.

Men release hands and swing nearest lady.

If there are extra men who do not find partners, they take their places in the circle. If there are extra ladies who do not get to swing, they'll have better luck next time. Swing sixteen counts and all join hands with a new partner to start it all over again. If there are older people in the group, three or four times will be enough to make it fun and yet not wear out everybody.