BELA RADA — Serbia (Sumadija) (Beh'-lah Rah'-dah)

Вела Рала

(Line dance, no partners)

Translation: Fair Rada.

Record: Folkraft 1532x45A

Starting Position: Kolo "V" position. Right foot free.



Music 2/4

Measure 1

2

3

Step sideward right on ball of right foot (count 1),
Cross and step on ball of left foot in back of right (count
and), and REPEAT (counts 2-and).
Close and step-hop (right) in place (counts 1-and),
Cross and step-hop on left foot in back of right (counts 2-and).
Cross and step-hop on right foot in back of left (counts 1-and),
Two quick SCISSORS STEPS* (left, right) (counts 2-and).
Cross and step-hop on left foot in back of right (counts 1-and),

Cross and step-hop on left foot in back of right (counts 1-and), Cross and step-hop on right foot in back of left (counts 2-and). Two quick SCISSORS STEPS* (left, right) (counts 1-and), A small light jump on both feet in place (count 2), pause (count and).

Note: Dance pattern has 5 measures; music is in 4-measure phrases.

*SCISSOR STEP (Left)(•): A slight leap on left foot in place, displacing right foot and moving it quickly forward with knee straight (count 1). Scissor Step (Right): same, reversing footwork.

| | | words |
|---|----|---|
| Ide dika sa oranja Bela Rada sa kopanja | }2 | A boy going home from plowing, Fair Rada from working in the fields |
| Hey Rado, bela Rada, Daj da ljubim lice mlado. | }2 | Hey, Rada, fair Rada, Let me kiss your young face |

DANCE DESCRIPTION BY RICKEY HOLDEN AND DENNIS BOXELL

03Fb67