

BELE KAWÉ

No. AFRICA

Formation: Circle no hand hold - Dancers
Spaced with plenty of room between

- I Girls would be waving ruffled skirts
Boys Hand on back of hips Palms out -
Step fwd on R - Bend Knee enough to look
as though you are stepping into a small
hole - Pattern will be - R back together & back
together Continue 8 patterns - Be sure that
steps are only small and only in front of other foot
- II Hand raised high over head - Turn head
to R as you touch R. heel to R - Repeat to L
Continue for 8 patterns.
- III Arm extended sideways shoulder high
Take 3 wide steps turning around
hold on step 4 - Reverse going L
Knees should be bent as you turn
This pattern goes 4 Times

Repeat All