

# BELLA FRANCA

## SARDANA FROM CATALONIA

**SOURCE:** Bella Franca is one of the sardanas danced at a festival in Saint Felieu de Guixols, Costa Brava in June, 1965. It was learned there by Anatol Joukowsky at that time.

**MUSIC:** RECORD: IBEROTON 1B.45 1.184 "Bella Franca"

**FORMATION:** Circles of 8 to 16 dancers. Hands joined & held down.

**STEPS & STYLING:** Curts (short steps): 1 step/2 meas. Tch ball of L ft fwd (ct 1). Step L beside R (ct 2). Small step diag R bkwd on R (meas 2, ct 1). Step L across in front of R (ct 2). Always keep body facing ctr & adjust steps so there is no movement into ctr in spite of the crossing step. All steps have a cat-like quality as the ball of the ft bears the wt before the heel is lowered. Repeat of step would start with point R.

Llarges (long steps): 1 step/4 meas. Tch ball of R ft fwd (ct 1). Step R next to L (ct 2). Tch ball of L ft fwd (meas 2, ct 1). Step L across in front of R (ct 2). Tch ball of R ft fwd (meas 3, ct 1). Step R beside L (ct 2). Small step diag L bkwd on L (meas 4, ct 1). Step R across in front of L (ct 2). Again adjust steps so there is no advancement into ctr. Next step would start with touching L ft fwd.

Salts: Same as Llarges but steps are done with a bounce. As the toe is pointed, the heel of the supporting ft is raised & lowered twice. Whole pattern is light & heels rarely touch the ground.

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**MUSIC:** 2/4      **PATTERN**

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**Meas**

INTRODUCTION: Short melody played by a flute. Immed after, there is a tap on a small drum as a signal to the dancers.

### FIGURE I (CURTS)

1 - 32      Dance 16 Curts (short steps) beginning with touching of L ft.

### BREAK

1 meas      Step L next to R. Raise joined hands about head level. Arms are rounded & hands are fwd.

### FIGURE II (LLARGES)

1-32      Dance 8 Llarges (long steps) beginning with tch of R ft.

### BREAK

2 meas      Close R to L. Raise joined hands higher, elbows straight.

*Continued...*

FIGURE III (SALTOS)

1 - 32

Dance 8 Saltos steps beginning with tch of R ft.

BREAK

1 meas

Step R next to L, Lower hands to about head level.

FIGURE IV (LLARGS & BREAK)

1 - 34

Repeat action of FIG. II, including Break.

FIGURE V SALTOS

1 - 32

Repeat action of FIG. III but omit the BREAK.  
End ft together.ENDING

Chord I

Touch L in back of R (no wt), bending knees sl.

Chord II

Straightening knees, step L next to R. Bring  
joined hands down sharply.Presented by Madelynne Greene  
Idyllwild Weekend - 1967