

BERATIS
Albania

SOURCE: This dance was learned from Irini Loutzaki and Eleftherios Drandakis in Athens, 1976.

TRANSLATION: Beratis means "of Berat", a town in northern Epirus, now Albania.

PRONUNCIATION: burr-RAHT-tis

FORMATION: Short lines with hands joined in "W" pos. Face slightly R.

MUSIC: Record: PFF 1, side B, band 5; or
DEG 8008-B; or
special tape

RHYTHM: 8/4 meter counted: 1,2,3 4,5 6,7,8 (S,Q,S)

METER: 8/4 PATTERN

Meas. Cts

INTRODUCTION:

BASIC:

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|---|-----|--|
| 1 | 1 | Step R to R, lift L bkwd. |
| | 2 | Hold. |
| | 3 | Step L across R. |
| | 4-5 | Pivoting to face ctr - hook R behind L calf (M) or ankle (W), or touch floor with R. |
| | 6 | Step R fwd - face slightly R. |
| | & | Transfer wt bk on L (rock). |
| | 7 | Transfer wt fwd on R (rock). |
| | 8 | Step L across R. |
| 2 | 1-3 | Repeat meas 1, cts 6-8. (R fwd, rock, rock) |
| | 4-5 | Touch ball of R ft twd ctr (W) or lift R leg fwd (M). |
| 6 | 6 | Step R bkwd. |
| | 7 | Hold. |
| | 8 | Step L bkwd twd L. |

NOTE: On meas 1, ct 6 (meas 2, ct 1), W may turn slightly to face L (twizzle) while transferring wt onto R ft.

Presented by Stephen Kotansky