


BERATIS





"Beratis" means "of Berat", a town in Northern Epirus, now Albania.

Presented at the 1983 Mendocino Folklore Camp by Joe Graziosi.

Source: Ted Petrides

Formation: Short lines, hands held in "W" pos, facing slightly R.

Meter: 8/4 (5+3) 

-  ⑤ 1) Lift L ft & start to swing fwd (or lift L slightly bk) (ct 1), continue L swing across R ft (ct 2), step L ft across R ft (ct 3), lift R ft ankle height or calf height beside L ft (ct 4), hold (ct 5).
-  ③ 2) Step R ft R (ct 1), step L ft R in front of R ft (ct 2), lift R ft behind L ft in preparation to swing (ct 3).
-  ⑤ 3) Continue swing of R ft across & in front of L ft (ct 1), swing R ft behind L ft (ct 2), step on R ft (ct 3), swing L ft behind & hook around R ankle or calf (ct 4), hold (ct 5).
-  ③ 4) Step L ft to L (ct 1), step R ft L behind L ft (ct 2), swing L ft behind R leg & next to R ankle (or calf) (ct 3).

Taught by Dean Linscott at the 2001 Kolo Festival.