

BERATIS

Translation: Of Berat, a town in Northern Epirus (now Albania).

Sources: 'Irimi Loutzaki, Athens, 1976 and 'Eleftherios
Drandakis, Athens, 1979.

Record: PFF I (B5) and DEG 8008 B.

Meter: 8/4 (S Q S).

Formation: Short lines, hands held in "W" position, facing slightly R.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
1	1	Step on R to R, lifting L up in back.
	2	Pause.
	3	Step on L across in front of R.
	4-5	Pivoting to face "center", hook R behind L calf (Men) or ankle (Women), or touch floor with R.
	6	Step fwd on R facing somewhat to R.
	7	Transfer weight back to L foot.
	8	Transfer weight back to R foot.
	8	Step on L foot across in front of R foot.
2	1-3	Repeat Cts 6-8 of Meas 1.
	4-5	Touch ball of R foot toward "center" (Women). Lift R leg fwd (Men).
	6	Step back on R.
	7	Pause.
	8	Step back to L on L.

Note: On Ct 6 of Meas 1 (Ct 1 of Meas 2), women may turn slightly to face L (twizzle), while transferring weight to R foot.

Notes by Janet Reineck and Stephen Kotansky.

Presented by Stephen Kotansky.

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