

# Beratis Epirus, Greece

Meter: 5/4 3/4 3/4 5/4 Note: *I believe most people would write the meter as 8/8*

*Formation: short lines of M in w hold*

*mm 1 Facing just R of ctr and moving to R (C11) step R in LOD (C12) cukce [small hop] on R while lifting L leg with bent knee (3) Step L in LOD*

*(4) Face ctr. while bringing R foot in back of L knee (5) hold*

*mm 2 [As in Tsamikos] (C11) Still facing ctr, step R to R (C1&) Rock sideways onto L foot (C12) Rock sideways onto R foot (C13) Step L across in front*

*mm 3 (3/4) Repeat mm 2.*

*mm 4 Facing R of ctr (C11) Touch R on R front diag. (C12) hold (C13) Step backwards onto R foot, placing it behind L (4) hold (5) Step in RILOD with L foot*

*notes by Andy Pollock, as taught by David Skidmore, who learned it from David Henry*