CHERKESSIA (Continued)

CHORUS - Clockwise.

6. Crouch stop - Facing counterclockwise.

Bodies erect, knees bent into crouch position walking stop forward 8 cts.

End with all standing, holding hands high overhead.

BRANLE A SIX (Fronch)

Formation: Two men, each having a woman on each arm, face each other about nine feet apart. The men eateh their thumbs in their vests. The ladies held their skirts with their free hand.

First Figure: The two groups advance towards each other in the follow manner:

Stop forward on left foot 1st moasuro Stop forward on right foot Stop forward on loft foot 2nd moasuro Hop on loft foot Stop forward on right foot 3rd measure Stop forward on left foot (The two groups are now almost touching.) As all 4th moasure dancers step forward on right foot, the two mon clap each other's hands then all stamp left foot. Stop backward on right foot 5th moasure Stop backward on left foot Stop backward on right foot 6th moasuro Hop on right foot Stop backward on loft foot 7th muasuru Stop backward on right foot Stop backward on left foot 8th measure Stamp right foot (Ropeat all of first figure)

Second figure:

On the first measure of the music, each man links his R arm with R arm of the lady at his right; they walk around each other; then leaving her he links left arms with the lady at his left. Then he crosses over to the lady facing him in the opposite set to his right, links right arms with her, leaves her and links left arms with the other lady.

(Four measures of music are used to turn with each lady.)

Berlet D'Auvergne

Repeat the whole dance and the men will have returned to their original partners.

From D' Auvergne and other provinces of the Massif Central Suitable for a large number of dancers and singers.
Minimum of 12 participants.
The whole tempo of the dance is quite brisk and gay. The music is a well-known folk song "Aupres De Ma Elonde." (Other songs may be used.

BERLET D'AUVERGNE (Continued)

- Form a circle men and Women alternating; join hands shoulder high.

 1st verse
- Fig. 1 (4 measures) Starting with Tort foot take 8 steps to left
- Fig. 2 (4 measures) Reverse: 8 steps to right.
- Fig. 3 (4 measures) Women move to center, join hands with arms uplefted 8 steps. Mon join hands to form an outer circle and mark time with their feet.
- Fig. 4 (4 measures) Women take 8 steps to the right starting with L foot. Men take 8 steps to the left.
- Fig. 5 (4 measures) Reverse both circles.

2nd verse

- Fig. 6 (4 measures) Women movo backwards. Men move forward towards center, passing under women's arms, then make a half turn to the right thus facing outward with arms linked.
- Fig. 7 (4 measures) Men take 8 steps to their left. Circle counterclockwise. Women take 8 steps to their left. Circle clockwise.
- Fig. 8 (4 measures) Reverse both circles, 8 stops.
- Fig. 9 (4 measures) Men drop arms, move forward and take place in the circle; all join hands alternating with the women. (Men are still facing out) 8 steps.
- Fig. 10 (4 measures) The circle moves to the left clockwise 8 stops.

3rd vorse

- Fig. 11 (4 measures) Reverse, 8 steps to right counterclockwise Fig. 12 (4 measures) Men half a turn to right to face center; join hands high in an arch. Women mark time.
- Fig. 13 (12 measures) We men step to left and forward under the arch made by the men's arms. In towards center on 4 steps; out through the next arch on 4 steps otc. Passing six men she comes out of the arch to face the seventh
- Fig. 14 (8 measures) Men drop hands. Both turn in place on 4 steps, according the first of every four steps, men according right foot and turning left; we man according left foot and turning right this is done 4 times. Be sure to face partner each time the step is accorded and acknowledge your partner by bending forward slightly.
- Fig. 15 (12 measures) Taking partner's hands skip in a circle to left in place making six complete turns.

 Bow to each other.
- (One usually ands the dance with a different partner. (After Fig. 13)

PROGRESSIVE WALTZ (American)

Music: Alice Blue Gown

Formation: Couples in double circle, M on the inside, move counterclockwise.

Moas.

- Inside hands joined. Start with outside ft. (M L, W R) Running waltz fwd.
- 2 Running waltz fwd pivoting on 3rd stop, turning toward F.D.C. 48 39