

BERLINER CONTRA
Danish

Music: Folkraft 1099B

Formation: Quadrille for four couples

Note: The verses are like those of most Danish dances for two and four couples, and will vary in different communities. We submit more verses than can be danced to one repetition of the record. The "chorus" or second part of each "Tour" is different in each dance and gives it its peculiar identity. In the Berliner Contra - this "chorus" is danced in between each of the verses, but not after the last one.

Step: Step-hop throughout

Music	Dance Pattern
1 Meas 1-8 repeat	Big Circle (the Family) moving to the L (CW) and reverse (CCW) using the long low hop of the Danes. Stamp on the first beat of measures one and nine
Chorus. 9-16 repeat	<u>Head couples</u> --With step-hop partners separate W crossing in front of M and each goes between side couple and meet in opposite position. (six hop-steps are used to make this crossing) In open hand position (holding both hands) couples turn in place with 8 step-hops. Continue to original places and turn as before. <u>Side couples</u> --In the meantime the side couples separate from each other by taking two step-hops toward corner, two more toward center of circle and two back to partner in original places. They turn with 8 step-hops (like head couples)
9-16	The music is repeated and the couples exchange rolls Sides going around and the heads separating, etc.
2 Meas 1-8 repeat	Single Mill for W (R hand star) turning CW and reverse with L. Repeat chorus
3 "	Single Mill for M
4 "	W two-hand Mill
5 "	M two-hand Mill
6 "	Women circle once around - 8 meas. M circle twice around - 8 meas.
7 "	Back Arm grasp - partners step-hop around twice - 8 meas. M down on L knee (release L hand hold). W reverses direction and step-hops around the M, CCW, holding R hands.
8 "	Repeat 1A