

Berovka - Macedonia

Dance introduced by: George Tomov

Formation: Line

Starting arm position: V-Position

Meter: 4/4

Steps used :

Measure Count Step

Part I

- | | | |
|---|-----|--|
| 1 | 1-4 | Facing LOD, take 4 steps RLRL. |
| 2 | 1-2 | Take two more steps RL. On the last half of beat count, turn to face center. |
| | 3-4 | Step on R foot to R (3), step on L foot across R foot (4), step on R foot in place (&). |
| 3 | 1-2 | Step on L foot to L while brushing the R foot forward (1), bounce on L foot while bringing R foot in a small arc close to the ground, around to the back of the L leg (2), step on R foot behind L foot (&). |
| | 3-4 | Step on L foot in place while turning to face RLOD and bringing R foot slightly up in back (3), make a small kick forward with the R leg (4). |
| 4 | 1-4 | Fall onto R foot (1), hold (2), hop on R foot, turning to face LOD (3), step on L foot forward (4). |

Part II

- | | | |
|---|-------|---|
| 1 | 1-4 | Facing to the R, walk 4 steps forward RLRL |
| 2 | uh1-4 | Very quickly just before beat 1, step on ball of R foot behind L foot (uh), step on L foot and turn to face center (1), step on R foot to R (2), step on L foot behind R foot (&), step on R foot in place (3), step on L foot across R foot (4), step on R foot in place (&) |
| 3 | 1-2 | Step on L foot to L while brushing the R foot forward (1), bounce on L foot while bringing R foot in a small arc close to the ground, around to the back of the L leg (2), step on R foot behind L foot (&) |
| | 3-4 | Step on L foot in place while turning to face RLOD and bringing R foot slightly up in back (3), make a small kick forward with the R leg (4). |

continued...

- 4 1-4 Fall onto R foot (1), hold (2), hop on R foot, turning to face LOD (3), step on L foot forward (4).

Part III

- 1 1-4 Facing to the R, walk 4 steps forward RLRL
- 2 uh1-4 Very quickly just before beat 1, step on ball of R foot behind L foot (uh), step on L foot and turn to face center (1), step on R foot to R (2), step on L foot behind R foot (&), step on R foot in place (3), step on L foot across R foot (4), step on R foot in place (&)
- 3 1-2 Step on L foot to L while brushing the R foot forward (1), bounce on L foot while bringing R foot in a small arc close to the ground, around to the back of the L leg (2), step on R foot behind L foot (&)
- 3-4 Step on L foot in place while turning to face RLOD and bringing R foot slightly up in back (3), make a small kick forward with the R leg (4).
- 4 1-2 Facing to the L, step on R foot slightly forward (1), step on L foot in place (&), step on R foot in place (2). These three steps should be accented.
- 3-4 Hop on R foot, turning to face LOD (3), step on L foot forward (4)

When George teaches this dance, he waits for one phrase (4 measures) before he starts. Then the sequence then is Part I three times, then each part repeated 4 times until the music ends.

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