

Berovsko za Pojas

Macedonia

This dance was originally taught by Atanas Kolarovski, then presented by Fusae Senzaki at the Statewide 2000 in Fresno.

TRANSLATION: "Berovo" is a village in eastern Macedonia; "za pojas" means in belt hold.

PRONUNCIATION: beh-ROHV-skoh zah POH-yahs

MUSIC:

FORMATION: Mixed lines joined in belt hold (L over R). Option: Hands joined in V-pos.

STYLE: Fast moving. Steps for the most part are done on the balls of the ft and are light running steps when moving fwd.

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| METER: 2/4 | PATTERN |
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Meas.

INTRODUCTION: 8 meas.

FIG. I:

- 1 Facing and moving in LOD - hop on L (ct 1); step R,L fwd (ct &-2).
- 2-3 Step RLR-LRL fwd in LOD (cts 1-&-2, 1-&-2). (Style: Leap-run-run)
- 4 Small hop on L in LOD - option (ct ah).
Step R fwd in LOD (ct 1); hop on R as L lifts in front of R - while turning to face ctr (ct 2).
Note: Cts ah-1, turns the step into a ker-plunk.
- 5 Step L in place - turning to face ctr (ct 1); hop on L (ct &); step R in front of L (ct 2).
- 6 Step L to L (ct 1); hop on L as R lifts in front of L (ct 2).
- 7-8 Repeat meas 6, alternating step-hops (R-hop, L-hop). (3 times in all)
- 9-56 Repeat meas 1-8, 6 more times (7 in all).

FIG. II: (Musical bridge)

- 1 Facing ctr - step R in place (ct 1); hop on R in place as L lifts in front of R (ct 2).
- 2 Step L in place (ct 1); hop on L as R lifts in front of L (ct 2).

- 3 Hop on L in place - R remains lifted. (ct 1); step R,L in place (cts &-2).
- 4 Repeat meas 3.
- 5 Step R in place (ct 1); hop on R as L lifts in front of R (ct 2); step L beside R (ct &).
- 6 Repeat meas 5.
- 7 Step R in place (ct 1); hop on R as L lifts fwd (ct 2).
- 8 Step L,R,L in place (cts 1-&-2).
- 9-24 Repeat meas 1-8, twice more. (3 in all)

FIG. III:

- 1-3 Repeat Fig. I, meas 1-2. (In LOD, hop L, RL - RLR-LRL).
- 4 Step R fwd on ball of ft in LOD (ct 1); L fwd (full ft) in LOD as R beg to move in front of L (ct &); turning L of ctr - leap R across L (ct 2).
- 5 Moving in RLOD - step L fwd (ct 1); hop on L (ct &); step R across L (ct 2).
- 6 Step L fwd in LOD (ct 1); step R across L (ct &); step L fwd in LOD (ct 2).
- 7 Facing ctr - Step R in place (ct 1); hop on R as L lifts in front of R (ct 2).
- 8 Step L,R,L in place (cts 1-&-2). On last step turn to face LOD.
- 9-63 Repeat meas 1-8 to end of music. (8 times in all)

Original notes by Fusae Senzaki, 1997
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