

## Bielolitza Krugolitza - Russia

Dance introduced by: Alexandru David

Formation: Line

Starting arm position: V-Position

Meter: 2/4, counted as 1&2&

Steps used:

### Part I

Facing forward, do 32 step behinds (2 to a measure) starting with R foot.

### Part II

- A (4 measures) Facing LOD, while walking in line of direction (4 steps to a measure), lift L arm, still holding R hand of neighbor, over your own head, ending on beat 8 with your L hand and neighbor's R hand on your R shoulder.
- 3 (4 measures) Keep walking in LOD.

### Part III

- A (4 measures) Shift L hand to the L shoulder of the person in front of you. Your R hand is free and at your side. Continue walking, while slowly lifting your R arm over your head in an arc, almost touching your L shoulder on beat 8.
- B (4 measures) Keep walking and reverse A of Part III.
- C (4 measures) Repeat A.
- D (4 measures) Repeat B. At the end of this section go back to holding hands in V-position.

### Part IV

- A Repeat Part II A
- B (4 measures) Arms stay where they are, keep walking.

### Part V

- A Keep walking. For arms, reverse Part II A.
- B Keep walking. Arms stay where they are.

### Part VI

*Cont...*

- A (2 measures) Turn and walk towards center while lifting arms so they are facing forward.
- B (2 measures) Turn to L, lifting L arm over neighbor's head. End facing out. **Do not drop hands.** You should end up with R arm over and L under
- C (4 measures) Do 8 cross steps to the L, starting with R foot crossing over L foot.
- D (4 measures) Turn to R, one **complete** turn while still holding hands. You should end up still facing out, but this time with L arm over and R under.
- E Repeat Part VI C. On the last beat, drop hands and rejoin in V-position.

### Part VII

- A (2 measures) Turn to L, lifting L arm over neighbor's head. End facing center. **Do not drop hands.** You should end up with R arm over and L under
- B (6 measures) Do 8 step-behinds, starting with R foot stepping to the R.
- C (2 measures) Turn to R, Lifting R arm over neighbor's head. End facing out. Arms will be in V-position.
- D (6 measures) Do 12 cross steps to the L, starting with R foot crossing over L foot.

Repeat Part III

Repeat Part IV

Repeat Part V

Repeat Part VI

Repeat Part VII A & B, but in the last 4 beats of VII B, slowly let go of hands and rejoin in V-position. Bow on the last beat.

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