

GRINDING MEAL
(Netherlands)

This Dutch singing game is known in the Netherlands as Biertje brouwen.

Dutch pronunciation:

Music: Nevafoon LP 15024. 2/4 meter. Side 1, band 6.
 Two meas introduction.

Formation: An even number of children in a circle, alternating boys and girls, or numbers 1 and 2. They make a big basket: The girls do a step fwd and make a ring, then the boys bring their arms over the arms of the girls and form a ring too.

Action

The circle moves CW, all starting with L ft; at the last sentence the boys come to a standstill and make arches. The girls duck under to the inside and out again through the next arch progressing CW. The music is speeding up at every repetition. After five times, there is an interlude music of two meas. During this, the girls let go of hands and bring their arms above the boys to remake their ring.

When the second melody starts, the wheel turns CCW and on the last sentence, the boys are now ducking (progressing CCW).

Words of song:

Come and help me turn the wheel, turn the wheel, turn the wheel,
Come and help me turn the wheel, to grind my meal.
The girls (boys) are ducking under to renew the wheel.

(second melody)

Come help me turn the wheel so I can grind my meal (twice)
The wheel is turning on, the wheel is turning and turning.
The boys (girls) are ducking under to renew the wheel.

Presented by Femke van Doorn