

- D1
1-8 MOTIF VI. (Forgós to R)
D2
1-8 MOTIF VI/A (Forgós to L)
E1
1-8 Same as D1
E2
1-8 Same as D2
D3
1-8 Same as D1
D4
1-8 Same as D2
E3
1-8 Same as D1
E4
1-8 Same as D2
D5
1-8 Same as D1
D6
1-8 Same as D2
E5
1-8 Same as D1
E6
1-8 Same as D2

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BIHARI PÁROS
(Couple dance from Bihar)

Step 1: JÁRÓ (Walk)

side: B
band: 6

- a.) Man ♪ ♪ ♪ ♪ ♪
Hop on L ft, raising R leg in front ♪ + step fwd. on R ft, turning 1/4 to L ♪ + step on L ft ♪ + w/R ft. step fwd ♪ + w/L ft close next to R, turning 1/4 to R ♪
(do step fwd along an arc; see fig. 2)
- b.) Hop on R ft, raising L leg in front ♪ + step fwd. on L ft, turning 1/4 to R ♪ + step fwd. w/R ft ♪ + step in place on L-R-L ft, turning 1/4 to L ♪ ♪
(do step on straight line; see fig. 3)
- c.) Woman ♪ ♪ ♪ ♪ ♪
w/L ft step fwd, slightly to R ♪ + step on R ft, turning 1/4 to L ♪ + step backwds w/L-R-L ft ♪ ♪
(do step along an arc; see fig. 2)
- d.) w/R ft step fwd ♪ + step on L ft, turning 1/4 to R ♪ + step backwds w/R-L-R ft ♪ ♪
(do step along straight line; see fig. 3)



fig. 1



fig. 2



fig. 3



fig. 4



fig. 5

Step 2: NÉGYSZÖG (rectangle)

- a.) Man (see fig. 4) ♪ ♪ ♪ ♪ ♪ ♪
w/R ft step fwd ♪ + w/L ft step next to R, but do not put wt. on it ♪ + w/L ft step to L ♪ + w/R ft step next to L ♪ + w/L ft step back ♪ + w/R ft step next to L, but do not put wt. on it ♪ + w/R ft step to R ♪ + w/L ft close next to L ♪

- b.) Woman (see fig. 4) ♪ ♪ ♪ ♪ ♪ ♪
w/L ft step back ♪ + w/R ft step next to L, but do not put wt. on it ♪ + w/R ft step to R ♪ + w/L ft close next to R ♪ + w/R ft step fwd. ♪ + w/L ft step next to L, but do not put wt. on it ♪ + w/L ft step to L ♪ + w/R ft step next to L ♪

Step 3. OLDALAZÓ (side-step)

- a.) Kopogós (man) ♪ ♪ ♪ ♪ ♪ ♪
step to R w/R-L ft ♪ + step on R ft, hitting ground w/L heel ♪ + step to L, hit ground w/R heel ♪ + step to R, hit ground w/L heel ♪ + step to L, hit ground w/R heel ♪ + repeat steps to L ♪ ♪ ♪ ♪ ♪ ♪
- b.) Woman's step (move to R) ♪ ♪ ♪ ♪
jump on R ft to R, swing L leg to L ♪ + jump on L ft next to R, take wt off R ft ♪ + step in place R-L-R ft ♪ ♪
- c.) same as S3b, but to L, start w/L ft ♪ ♪ ♪ ♪

- Step 4: DOBBANTÓS (stamping)** see fig. 5 ♪ ♪ ♪ ♪ ♪ ♪
jump w/R ft to R, swinging L ft to L ♪ + jump w/L ft next to R, take wt. off R ft ♪ + step fwd (towards each other) w/R ft ♪ + stamp w/L heel next to R ♪ + repeat to L ♪ ♪ ♪ ♪

MOTIFS

I. JÁRÓ

(pos: W on R side of man, her L hand holding his R, other arms free; face ea. other slightly) fig. 1.
Man: S1a+b Woman: S1c+d

II. NÉGYSZÖG

pos: couples face ea. other, her R hand on his shoulder, his L hand on her waist, other arms extended to side, hands holding see fig. 4
Man: 2x(S2a) Woman: 2x(S2b)

III. OLDALAZÓ

pos: couples face ea. other, hold hands
Man: 2x(S3a) Woman: 2x(S3b+c)

IV. DOBBANTÓS

pos: same as in Motif. II.
Man: 2x(S4) Woman: same

SEQUENCE OF DANCE

A. (meas. 4/4)

- 1-2 meas. introduction (pause)
3 start MOTIF I. (Járó) and repeat 56 times
4

B1 (meas 4/4)

- 1-4 MOTIF II. (Négyszög)

B2

- 1-4 MOTIF III. (Oldalazó)

C1

- 1-4 MOTIF IV. (Dobbantó)

B5

- 1-4 MOTIF II.

B3

- 1-4 MOTIF II.

B6

- 1-4 MOTIF III.

B4

- 1-4 MOTIF III.

C3

- 1-4 MOTIF IV.

C2

- MOTIF IV.

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