

BİR MUMDUR ("one candle")

Bora Özkök learned the steps from Nezihe Özkök, his mother, and she learned them from her father. The dance is adapted to music from southeastern Turkey. Music played by Bora Özkök & The Sultans.  
Halay 302

Record:

Side 1, Band 1

Formation  
& Style:

L.P. Türkiyem-82-Side II-#1

Mixed lines. Bodies very close with R shldr behind L shldr of person to R. Fingers gently clenched, a slight tension should be exerted at the hands by all participants, horizontally. Arms are bent at the elbow 90°. Short lines. Same size people should dance next to each other. Hands should be held behind bodies and away from front view.

METER:

2/4

PATTERN

Measure

Introduction:

4 counts of introd-

1

Fig. I--Basic Step: Facing ctr, step R in place (ct 1); step L across R, L leg straight (ct 2)

2-4

Repeat meas 1 three more times (4 in all)

5

Step R in place (ct 1); chug on R in place bending body bkwd, Lift L fwd (ct 2)

6-7

Step L in place, leaning body fwd (ct 1); sharply lift L fwd while pointing L toe down and step R in place (ct 2)  
Repeat meas 6 for meas 7

8

Step L in place (ct 1); lift R in reverse bicycle (ct 2)

9

Stamp R in place (ct 1); lift L in reverse bicycle (ct 2)

10-11

Repeat meas 6 twice more, moving backwards

12

Step L in place (ct 1); stamp R in place (ct 2)

Repeat twice more (3 times in all) after allowing 24 cts for Introduction. Total 4 x 12 from the very beginning of the record.

Fig. II--Travel Step: (Begin with singing)

1-8

Repeat Fig. I, meas 1, 8 times in LOD. Leader does small steps to keep line close

9-20

Repeat Fig. I, meas 1-12, 3 more times, the last two to the instrumental part

When the singing starts again, repeat the exact same dance routine again, starting with the 8 meas (16 cts) of traveling step.

Presented by Bora Özkök