

# Bistranjski Drmeš

(Croatia)

Drmeš from Bistra, near Zagreb.

CD: *Dances of Croatia*

Formation: Circle of 8-10 people. Hand hold: L hand *under*, R, over. Hold with middle fingers only.

## Meas

## Pattern

### A. STEP-LIFTS (PART 1)

- 1 Step on R ft toward center.  
Lift on R ft and raise L (rocking motion).
- 2 Step on L ft in place.  
Lift L heel (rocking motion).
- 3-16 Repeat above to a total of 8 times.  
End with lift on R ft.

### B. CIRCLE TURN (PART 2)

- 1 Cross R ft over L, moving L.  
Step on L ft behind, moving L.
- 2-8 Repeat above to total of 8 times.
- 9-16 Repeat above meas 1-8, starting with crossing L ft over R and moving to R.

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Learned from Josip Mardunovic in Velika Gorica,  
near, Zagreb in 2007.