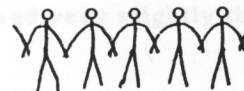


BJAGANICA -- North Bulgaria

Adv.

Бяганица












(Circle dance, no partners)

Translation: Running dance.Rhythm: 9/16 (♩♩♩♩♩) counted 1-and, 2-and, 3-and, 4-and-ah;
or "quick quick quick slow".Record: Folkraft LP-26, side A band 5 (1:55)--gajda & gŭdulka.Starting Position: "V" position. Right foot free.





Music 9/16

Measure

VARIATION I -- Basic

- 1  Facing slightly and moving right, four running steps starting with right foot (counts 1-4).
- 2  Turning to face center, step sideward right on right foot, swinging hands forward (count 1),
 Cross and step on left foot in back of right (count 2),
 Step sideward right on right foot, swinging hands backward (count 3),
 Cross and step on left foot in front of right (count 4).
- 3  Step sideward right on right foot, swinging hands forward (count 1),
 Cross and step on left foot in back of right (count 2),
 Step sideward right on right foot, swinging hands backward (count 3),
 Pause (count 4).
- 4  Turning to face slightly and moving right, step backward on left foot (count 1), pause (count 2),
 Continuing, step backward on right foot (count 3), pause (count 4).
- 5 REPEAT pattern of measure 1 reversing direction and footwork.
- 6-7 REPEAT pattern of measures 3-4 reversing direction and footwork.

VARIATION II (Men only)

- 1-2 As I above.
- 3 REPEAT pattern of measure 2.
- 4  Jump and squat down on both feet together, knees together (count 1), pause (count 2),
 Rise and a slight hop on left foot in place (count 3), pause (count 4).
- 5  Step sideward right on right foot (count 1), pause (counts 2-3),
 Close and stamp left foot beside right without taking weight (count 4).
- 6-7 REPEAT pattern of measures 1-2 reversing direction and footwork.
- 8-9 REPEAT pattern of measures 4-5 reversing direction and footwork.

Note: This dance comes from the village of Dragoevo in Northeast Bulgaria.
The music lasts 13 measures.