

THE BLACK NAG

(English Country Dance)

Music: Record: HMV B9480; Piano: An Introduction to the English Country Dance, Cecil J. Sharp. H.W. Gray Co., New York.

Formation: Three couples in longways formation.

Top 1 2 3 W Bottom
 ① ② ③ M

Steps: Running step, Sliding, Skipping

Figures: A Double, Siding, Arming, Turn a Single, Hey

- | Meas. | Pattern |
|--------------------|--|
| 6/8 tempo | Introduction: Acknowledge ptr; face twd the top of the set and join RH. |
| | <u>I. Fwd a Double and Gallop</u> |
| A 1-4 | Move fwd a double. Without turning around move bkwd a double . |
| | Use running step. |
| 5-8 | Repeat action of Fig. I, meas 1-4. |
| B 1-2 | First couple face and join both Hs. Move to the top of the set with 4 |
| 1 | sliding steps. |
| 3-4 | Second couple repeat action of first couple. |
| 5-6 | Third couple repeat action of second couple. |
| 7-8 | All turn single. |
| B ₂ 1-2 | Third couple face and join both H and move bk to original places with |
| | 4 sliding steps. |
| 3-4 | Second couple repeat action of third couple. |
| 5-6 | First couple repeat action of second couple. |
| 7-8 | All turn single. |
| | <u>II. Siding and Diagonals</u> |
| A 1-4 | Ptrs side. Use a running step. |
| 5-8 | Repeat action of Fig. II, meas 1-4. |
| B ₁ 1-2 | With R shoulders leading and passing bk-to-bk, first M and third W |
| | change places with 4 sliding steps. |
| 3-4 | With R shoulders leading, passing bk-to-bk, first W and third M |
| | change places with 4 sliding steps. |
| 5-6 | R shoulders leading, passing bk to bk, second M and second W |
| | change places with 4 sliding steps. |
| 7-8 | All turn single. |
| B ₂ 1-8 | Repeat action of Fig. II, B, meas 1-8. All couples returning to |
| | their original pos. |
| | <u>III. Arming and Hey</u> |
| A 1-4 | Ptrs arm with the R. |
| 5-8 | Ptrs arm with the L. |
| B ₁ 1-8 | All M using a skipping step, dance the whole-hey on their side. |
| B ₂ 1-8 | All W use a skipping step and dance the whole-hey on their side. |
| | M turn single on the last 4 beats of the music, and all acknowledge ptr. |

--presented by Miriam Lidster