

- 4 Do-si-do right -- (Do-si-do with partner).  
 4 Do-si-do left -- (Do-si-do left shoulders with partner).  
 2 Step & Honour -- (Face partner, each person steps to their right and bows or curtsies to partner).  
 2 Walk on -- (Each person walks 4 small steps to meet their new partner).  
 4 Swing -- ( Swing new partner using a longarm hold and finish ready to start again).  
32 Bars 6/8 or Polka or Reel + 4 Bars Introduction.

**Variations:** 1. In the second 8 bars take 4 bars each for the turns and have no advance & retire.  
 2. Instead of the third advance & retire, repeat the RH & LH turns.

**Tunes:** Any of 6/8, Polka or Reel

**Source:** Six New Dances, published by Bush Music Club 1979.

**Notes :** This dance was written by Amnon & Sheryn Doernberg for the Bush Music Club's Silver Jubilee in 1979.

It has been commonly danced in Canberra during the 1980s with the variation 1. given above, not the original instructions.

## Blaydon Races

*England*

**Formation:** Large single circle.

### Bars Description

- 4 Advance & retire -- (4 steps each way).  
 4 Advance & retire.  
 4 Chassez -- (2 Chassez steps to the centre, in a ballroom hold then 2 steps back).  
 4 Chassez.  
 8 Promenade -- (All promenade anticlockwise for 16 steps. Then release the promenade hold and women stop).  
 2 Men on -- (Men move forward to a new partner).  
 6 Swing new partner -- ( Swing new partner using a longarm hold and finish in circle, with woman on the right of her new partner ready to start again).  
32 Bars 6/8 or Polka or Reel + 4 Bars Introduction.

**Variation:** Promenade for 6 bars, Men promenade onto new partner in 2 bars, Set once to new partner and then swing.

**Tunes :** Blaydon Races, Manchester Galop, Little Brown Jug.

**Source:** Dances in Sydney 1982-1984 and Canberra in 1985-1986.

**Notes :** The variation given is the original version I danced but the instructions are for the version which is popular in Canberra.

## Brown Jug Polka aka Heel & Toe Polka

**Formation:** Circle of Couples. **Start:** Ballroom hold with men facing anticlockwise

### Bars Description

- 2 Heel & Toe-- (Heel and toe twice, man starting with left foot and woman with the right foot).  
 2 Sideways -- (4 slip steps to the mans left).  
 2 Heel and toe -- (Back the other way. Man starts right foot and lady left but you keep the same hold as in the first heel and toe).