

BLEKING

RECORD A-B-C #3007

FORMATION:

Single circle, partners facing, with both hands joined.

ACTION:

Figure A

Measures

- | | |
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| 1. Hop on the left foot placing the right heel forward, and extend the right arm. Hop on the right foot and extend the left foot and arm. | 1 |
| 2. Repeat the step with three quick changes, hopping left, right, left. | 1 |
| 3. Repeat steps 1 and 2 three times. | 6 |

Figure B

With hands joined, arms extended sideward shoulder high, partners turn in place with a step-hop, etc. The boy starts on his right foot, the girl starts on her left. The body is inclined toward the side taking the hop and the arms move up and down in windmill fashion. Swing the free foot sideward, keeping the leg straight.