

Boerenploff

(The Netherlands)

Boerenploff is a Dutch dance composed by Elly Olderaan, who recreated dances in 1981 based on elements of traditional dances.

Pronunciation:

Cassette: Van Geel Stockton 1996 tape

4/4 meter

Formation: Inside circle of men, facing ctr, arms in T-pos. Outside circle of women, facing ctr, backs of hands on waist.

Steps: Turning Polka Step: Step on R (ct 1); step on L (ct 2); step on R (ct 3); hop on R (ct 4). During these four counts, turn 1/2 CW, moving in LOD. Reverse ftwk when starting with L.

Meas

Pattern

2 meas INTRODUCTION. No action.

FIGURE I

- 1 Heavy step on L to L (ct 1); step on R behind L (ct 2); step on L to L (ct 3); step on R behind L (ct 4).
- 2 Step on L to L (ct 1); hop on L, while making a reel step with R (R ft arcs bkwd to end behind L) (ct 2); repeat cts 1-2 with opp ftwk in place (cts 3-4).
- 3 Step on L in place (ct 1); hop on L, while R leg is lifted fwd slightly above the floor, knee straight (ct 2); repeat cts 1-2 with opp ftwk (cts 3-4).
- 4 Leap on L in place, while R leg is lifted fwd slightly above the floor, knee straight (ct 1); repeat ct 1 with opp ftwk (ct 2); jump on both ft in closed pos (ct 3); hold (ct 4).
- 5-16 Repeat meas 1-4 three more times.
The W has to try to stay behind her partner all the time.

FIGURE II

- 1 M: Step on L to L (ct 1); step on R behind L (ct 2); step on L to L (ct 3); hop on L (ct 4).
- 2 M: Step on R to R (ct 1); step on L behind R (ct 2); step on R to R (ct 3); hop on R (ct 4).
- 3 M: Repeat meas 1.
- 4 M: With 3 steps (R, L, R), turn 1/2 CW moving in LOD to end facing ptr (cts 1-3); hop on R (ct 4).
- (1-3) W: Dance M's meas 1-3 with opp ftwk and direction.
- (4) W: Step on L in place (ct 1); step on R in place (ct 2); step on L in place (ct 3); hop on L (ct 4).
- 5-8 In Ballroom pos, dance 4 Turning Polka steps with ptr, moving in LOD. M beg L, W beg R.

Boerenploff continued

FIGURE II

- Couples end the Turning Polka with M facing out, W facing in, both hands joined.
- 1 M Step on L to L (ct 1); step on R behind L (ct 2); step on L to L (ct 3); hop on R (ct 4).
W dance cts 1-4 with opp ftwk.
- 2 Releasing M L, W R hands and raising joined hands, repeat meas 1 with opp ftwk and direction, turning W once CCW under joined hands.
- 3-4 Repeat meas 1-2.
- 5-7 In Ballroom pos, dance 3 Turning Polka steps with ptr. End M facing in. W facing out.
- 8 Passing R shldr, M move to ctr (R, L, R) while W turn 1/2 CW with 3 steps to end in original pos (L, R, L) (cts 1-3); hold (no wt on L) (ct 4).

Presented by Tineke van Geel