

BOGDANOS  
Greek Thrace




Bogdan ("BOHG-dahn") is a Slavic men's name. Bogdanos is from Neo Monastiri ("NAY-o MO-na-stee-ree", new monastery), a village about 40 kilometers south of Larissa, settled by Greeks formerly living in Bulgarian Thrace who migrated in the population exchanges of the 1920's. Some say that "Bogdania" was once the name of a region near Varna, Bulgaria, where Greek Thracians lived.

PRONUNCIATION.           BOHG-da-nos




MUSIC.                   Dances of Greek Thrace by Dennis Boxell,  
side A no. 2, side B no. 6

RHYTHM.                 7/16

For musicians:

|   |   |   |
|---|---|---|
|  |  |  |
| <u>1-2</u>  | <u>3-4</u>  | <u>5-6-7</u>  |
| Quick   | Quick   | Slow  |

For dancers:

|   |   |   |
|---|---|---|
|  |  |  |
| <u>1</u>  | <u>2-3-4</u>  | <u>5-6-7</u>  |
| ah  | Slow  | Slow  |

FORMATION.             Line of men and women, hands in "W" position

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PATTERN

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| Measure | Action   |
|---------|--|
| 1       | Facing ctr, a quick lift on L ft, step R on R ft, swinging arms down ("ah-ONE"). Step L ft behind R ft (ct 2). |
| 2       | Step sdwd R and slightly back R ft, swinging arms up to "W" position (ct 1). Raise L ft slightly (ct 2).       |
| 3       | Step fwd L (ct 1). Raise R ft and swing slightly fwd to prepare for Measure 1 (ct 2).                          |

| Measure | Action  |
|---------|---|
|         | <u>Variation</u>  |
| 1       | As in Measure 1 above.  |
| 2       | Three quick steps R, L, R in place (cts 1-2 as "quick-quick-slow"). |
| 3       | Three quick steps L, R, L fwd (cts 1-2).                            |

Presented by Dennis Boxell  
Dance notes by Dennis Boxell and John Hertz, February 1990