

BÖHMISCHER LÄNDLER

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- Steps: Triple-walking steps (Ländler steps), Ländler
Formation: Couples side by side in a circle facing LOD
Hold: Open position, spinning- hold*, cross-hand hold and tight Viennese hold*
Introduction: Swing joined inside hands fwd and back and turn W once CW.
- Meas. 1 - 8 Couples move fwd in LOD with Ländler steps
- Meas. 9 -16 *Turning women:* Partners lift joined hands above the head of the W. She turns CW with Ländler steps ahead of him CW. He follows with Ländler steps.
- Meas. 1 - 8 *Spinning hold, right and left:* Partners face and join both hands across. They lift arms to shoulder height and stretch the right arm out, bending the left arm. They turn CW around their common axis with Ländler steps. In meas. 8 they make 1/2 turn twd. each other .
- Meas. 9 -16 Repeat meas. 1 - 8 but turning CCW
- Meas. 7 -24 *Single yoke right and left:* Without releasing the hold, man lifts his right hand above the head of his partner and places it in her neck. Right arm is stretched, left arm is bent. Couples turn CW. In meas. 24 lift joined hands and make 1/2 turn twd each other.
- Meas. 25-32 Repeat meas. 7-24 by placing left hand in neck and turning CCW
- Meas. 7 -24 *Double yoke right and left:* Partners lift joined right hands over their heads and place them each in the other's neck, right arm stretched, left arm bent (double yoke) Partners turn CW. In meas. 24, lift joined right hands and make 1/2 turn twd each other.
- Meas. 25-32 Repeat meas. 7 -24, putting left arm behind neck. Turn CCW
- Meas. 33-40 *Small window left and right:* Partners face and join cross hands, left in left, right in right. Right hands are joined on top of left. Lift all four hands and woman turns 1 3/4 CW. Man makes 1/4 turn CCW. Place right upper arms horizontally next to each other and drop joined left hands into crook of right elbows. Turn CW
- Meas. 41-48 Partners lift joined hands, the woman turns 2 1/2 times CCW. Man makes 1/2 turn CW. The left upper arms are placed horizontally next to each other and joined right hands are dropped into crook of elbows. Couple turns CCW.
- Meas. 49-56 *Catching:* Partners lift joined hands, woman turns once CW ending facing LOD. Man steps behind her. Both lower joined hands so that they cross in front of

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- Meas. 49-56 her chest and also in front of his chest. Both move LOD with Ländler steps.
- Meas. 57-64 Partners raise joined hands, man passes his partner on left, moving past her (Do not turn) Hands are again lowered so that they are crossed in front of his chest and also in front of hers.
- Meas. 49-56 *Front- skater's position:* Partners lift joined hands, man steps to her left side. Both lower joined hands and now stand side by side in front skater's position. Hands are hip high. Couple turns CW, man moving fwd.
- Meas. 57-64 Partners reverse direction without releasing hold and turn CCW, man moving fwd.
- Meas. 64-72 *Spinning hold right and left:* Partners switch to a two-hand hold, right arm stretched and left arm bent. Couple turns CW.
- Meas. 73-80 Repeat meas. 64-72 of figure described above. Stretching left arm and bending right, couple now turns CCW.
- Meas. 65-80 Partners assume tight Viennese hold and dance Ländler turning CW

Note: after every change of figure, the woman finds herself on the outside. The record 'Tanz' EP 58 611 (Ländler in F) has 16 measures introduction.

- * *Spinning Hold:* Partners stand with right side twd each other. Hands are joined right in left, and left in right. Right arm is extended, left arm is bent a elbow. Repeat with left hips together, left arm extended and right bent. To get momentum, pull slightly away from each other.
- * *Viennese Hold:* Partners face and join both hands across, right in left, and left in right. Each places own left hand behind own back. Right hand behind partners back.

Collected by Ludwig Hoidn, also notated by Anna Helms and Julius Blasche in 1950 in their collection 'Bunte Tänze', volume 8 ('German Dances from the Böhmerwald') and in 1949 by Erna Schützenberger in her book 'Spinnradl, unser Tanzbuch'

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