BORDEIUL AMESTECAT (Oltenia, Romania)

Pronunciation:

Music: Cassette-Romanian Folk Dances by N. Hilferink 4/4 meter

Formation: Line.

Meas	<u>Pattern</u>
	Tim A
1	Fig A. Facing LOD and travelling CCW, arms bent at elbows, step R (ct 1); touch L beside R (ct 2); step L, R (cts 3,4).
2	Touch L beside R (ct 1); step L,R (cts 2,3); lift L leg (ct 4), facing ctr.
3	Facing ctr, step L beside R (ct 1); lift R (ct 2); step R beside L (ct 3); step L fwd on plie, turning L shldr to ctr (ct 4).
4	Step R (ct 1); step L behind R (ct &); step R (ct 2); repeat cts 1, &, 2 with opp ftwk (cts 3, &, 4). During meas 4 turn right to face out of circle and join hands again.
5	Facing out of circle, step R to R (ct 1); step L across R (ct 2); step R to R (ct 3); step L behind R (ct 4).
6	Step R to R (ct 1); step L across R (ct 2); step R to R (ct 3); kick L front (ct 4).
7	Step L to L (ct 1); kick R front (ct 2); step R fwd (ct 3); step L beside R (ct &); step R fwd (ct 4).
8	Step L on heel (ct 1); step R (ct &); step L on heel (ct 2); step R (ct &); step L on heel (ct 3); step R with
	stamp (ct &); step L with stamp (ct 4). During meas 8 , turn left to face into circle and join hands.
1	Fig B (faster) On the spot, facing ctr of circle, step R across L (ct 1); step L on the spot (ct 2); step R beside L (ct 3); step
2	L on the spot (ct 4). Travelling fwd, step R across L and turn body to L (ct 1);
3	hop on R (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4). Step R (ct 1); stamp L beside R, no wt (ct 2); facing L,
	step diag out on L (ct 3); step R beside L (ct 4).
4	Step L diag out (ct 1); hop on L facing ctr (ct 2); step R to R (ct 3); step L behind R (ct 4).
5	Step R to R (ct 1); hop on R (ct 2), travelling CW step L to L (ct 3); step R behind L (ct 4).
6 7	Repeat meas 5, cts 3,4 two times (cts 1,2,3,4). Step L (ct 1); stamp R no wt (ct 2); repeat cts 1,2 with
	opp ftwk (cts 3,4).
8 9	Kneel on L (cts 1,2); stand and stamp L, no wt (cts 3,4). Travelling fwd into circle, step L fwd (ct 1); step R
10	beside L (ct 2); step L fwd (ct 3); hop on L (ct 4). Repeat meas 9 with opp ftwk, travelling bkwd.
11	Step L across R, turning to R (ct 1); hop on L (ct 2); repeat cts 1,2 with opp ftwk (cts 3,4).

BORDEIUL AMESTECAT (cont'd)

12	Facing ctr and travelling CW, step L to L (ct 1); step R behind L (ct 2); step L to L (ct 3); hop on L (ct 4).
13	Step R across L (ct 1); step L beside R (ct 2); step R across L (ct 3); hop on R turning to face LOD (ct 4).
14	Travelling CCW, step L across R (ct 1); step R to R (ct 2); repeat cts 1,2 (cts 3,4).
15	Repeat meas 14.
16	Facing ctr, stamp L (ct 1); stamp R (ct 2); stamp L (cts 3-4).

Repeat dance from beginning.

Presented by Nicolaas Hilferink