

Bossa Nova

(America)

Steps: Side steps (two-step)
Step-point

Formation: Couples scattered around floor or as a teaching aid have everyone in two lines; boys facing their partners.

General

Directions: The dance calls for relaxed but controlled fluid movements. The basic step is a "swinging" two-step. Innovation is a key word as they become more familiar with the dance. Spins or two-count pause can replace side-steps, for example. Arms work loosely and in rhythm and coordination as suits the individual's performance.

The dance has four parts that are repeated until end of record.

Part I - Four side - two-steps

Moving to boy's left and girl's right do a two-step (step, close, step); repeat to right; to the left; to the right.

Part II - Four side - two-steps

Both turn to right; starting left foot boy moves toward girl with two-step; girl, starting right foot, moves back with two-step; boy two-steps back, girl two-steps toward him. Repeat (total of 4 two-steps).

Part III - "Step-Points"

Boy step forward on left foot and points right foot forward (do not put any weight on pointing foot); girl does the same moving back on her right; repeat action with boy stepping back on right and girl moving forward on left; repeat all of Part III (a total of 4 step-points).

Part IV - Cross Over "Step-Points"

Boy steps forward on left, instead of pointing right foot forward, he points it to the right side; girl does the same action starting back on right foot, pointing left to her left side. (Both cross the pointing foot in front over the other foot and step on it; now point the freed foot to the side; repeat cross-over steps two more times).