

BOURRÉE A 7 SAUTS
(Berry)

1 of 2

Origin: Under this title, we reproduce 4 easy dances that are great to teach the fundamentals of Bourrée. Although bourrée step itself is not used, the formation and the patterns are closely related to bourrée styling. Learned from Pierre Panis, Pont-Chrétien, France, August, 1967.

Music: Records: Uni-Disc 45-280, Side A, band 1, 2/4 meter
BAM Ex 613 Side A, band 1.

Formation: Units of 2 cpls, hands joined and held shoulder height.

MEAS: 2/4 PATTERN
8 meas INTRODUCTION

Figure 1 - Avant-deux (fwd & back)

A 1-2 All starting with L ft, cpl no. 1 back up, cpl no. 2 move fwd with 4 walking steps.
3-4 Reverse meas 1-2
A' 1-4 Repeat meas 1-4.

Figure 2 -- Croisements (crossing over)

Drop hands.

B 1-2 Starting with L ft, stamp 7 times.
3-4 With 4 walking steps, change place with the opp person, passing R shoulder to R shoulder. Once to the opp place, make 1/4 turn to face own ptr.
5-8 Repeat meas 1-4, fig. 2, starting to stamp with R ft and changing place with ptr.
B' 1-4 Repeat meas 1-8, fig. 2, bringing ptr in the original pos.

LA BOUTONNIERE (the buttonhole)

Figure 3 -- Avant-deux.

A 1-4 Repeat meas 1 but using fwd and back chassé-steps: step fwd (or bwd) on L ft close R in step near L heel (2)

Figure 4 -- Croisements.

B 1-2 Repeat meas 1-2, fig. 2
3-4 Cross over using 2 two-step instead of walking steps
5-8 Repeat meas 1-4, fig. 4
B' 1-8 Repeat meas 1-8, fig. 4, bringing ptrs in their original pos.

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Figure 5 -- Avant-deux.

Hold both hands with opp person.

- A 1-2 M will push the opp W with 2 two-steps.
W back up the same way. All start with L ft.
3-4 Repeat and reverse meas 1-2, fig. 5
A' 1-4 Repeat meas 1-4, fig. 5.

Figure 6 -- Croisements.

- B 1-2 All starting with L ft, M stamp 7 times while W change place
passing opp W, R shoulder to R shoulder.
3-4 Each M joins R hand with the new W on his R. Change place with
4 walking steps.
5-8 Repeat meas 1-4, fig. 4
B' 1-8 Repeat meas 1-8, fig. 4

LA MOUTONNIERE

Figure 7 -- Croisements.

- A 1-4 All starting with L ft, M change place with opp M crossing each
other at R shoulder, and come back to their place with 8 skipping
steps.
A' 1-4 Repeat meas 1-4, fig. 7. W wait for 2 meas, then do the same thing
as M.

Figure 8 -- Avant-deux.

- B 1-2 M move twd each other with 7 stamping steps, while W finish their
crossing-over.
3-4 M back up with 4 walking steps while W repeat meas 1-2, fig. 8
5-8 Repeat meas 1-4, fig. 8. W backing up while M are moving fwd.
B' 1-8 Repeat meas 1-8, fig. 8.

NOTE: W will complete 3 avant-deux and will start a 4th one.