

THE BRAES OF MELLINISH

(Scotland)

This strathspey is an old traditional Scottish country dance.

**MUSIC:** Record: "Music for Scottish Country Dancing," BBC 94,  
Side 1, Band 2.  
Piano: Book 25, No. 12 of the Royal Scottish Country Dance  
Society. 4/4 meter.

**FORMATION:** 4 cpls in longways formation in a wide set.

**PATTERNS & STEPS:** Cast Off, Figure of 8, Ladies Chain.  
Strathspey travelling step throughout.

<b>MEAS</b> <b>Chord &amp;</b> <b>Upbeat</b>	<u>PATTERN</u>
	<u>INTRODUCTION</u> , M bow, W curtsey to ptr.

I. CROSS OVER, DOWN THE OUTSIDE, UP AND TURN

- 1-4 Cpl 1 cross over, giving R hds in passing, and dance down the outside behind opp line. On meas 3 cpl 2 cast behind own line to follow cpl 1 (M 2 following W 1, W 2 following M 1).
- 5-6 All turn outwards and dance up with cpl 2 leading. On last ct cpl 2 turn inwards to face cpl 1 down the set.
- 7-8 M 1 and W 2 turn with L hds, while W 1 and M 2 turn with R hds to finish in line of 4 facing down the set with nearer hds joined, cpl 1 in the middle. (See diagram.)

II. DOWN THE CTR, UP AND CAST

- 9-12 Line of 4 dance down the ctr. On last meas bend the line so that cpl 2 dance into ctr to meet ptr, joining nearer hds to face up the set. Meanwhile cpl 1 release hds, turn inwards twd ptr, joining nearer hds to face up.
- 13-16 Cpls 1 and 2 dance up the set with cpl 1 leading and then casting off around cpl 2 to 2nd place on wrong side. Cpl 2 finish in 1st place.

III. LADIES CHAIN

- 17-24 Cpls 2 and 1 dance ladies chain across and back.

IV. HALF FIGURE OF 8 AND TURN

- 25-28 Cpl 1 dance half figure of 8 around cpl 2.
- 29-32 Cpls 2 and 1 join R hds with ptr and turn slowly once around.

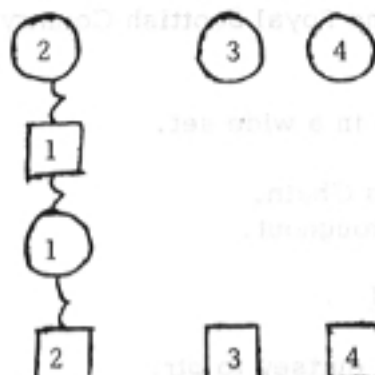
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THE BRAES OF MELLINISH (continued)

Cpl 1 repeat dance two more times. On the third time through cpl 2 begin also at the top, dancing through three times total. On the third time through for cpl 2, cpl 3 begin and dance three times total, and then cpl 4 in turn three times.

Chord

M bow, W curtsey to ptr.

Top  
of  
Set

Presented by C. Stewart Smith  
Notes by Larry and Ruth Miller