



BRANLE à SEPT TEMPS

Lorraine, France

Meter: 7/4

Formation: Open circle, fingers joined low, facing center

Source: Nicolas Graner, Paris, France

Count

- 1 Step Left on Left foot, hands swing forward front wrist
- 1& Step on Right foot beside Left foot, hands swing back from wrist
- 2 Step Left on Left foot, arms swinging forward
- 3 Step on Right foot across and in front of Left foot, arms back,
toe towards center
- 4 Step Left on Left foot, arms forward
- 5 Slide Right toe in front of Left foot, arms back
- 6 Step Right on Right foot
- 7 Slide Left toe in front of Right foot, swing hand back from wrists
to prepare for counts 1 & 2

Presented at Maine Folk Dance Camp 1985 by Jimmy Drury