Bre Devojče - Pod Ona

(Serbia, Yugoslavia)

This medley of dances, Bre Devojce-Pod Ona (BREH deh-VOY-cheh POHD OH-nah) is part of the Prizren Suite of the Ensemble "Kolo" choreographed by Olga Skovran, former director of "Kolo". It was presented by Bora Gajicki at the 1976 University of the Pacific Folk Dance Camp.

MUSIC:

Record: Dances from Yugoslavia BK 576. Side 1, Band 2.

FORMATION:

Line of dancers, facing ctr, with hands joined at shoulder level ("W" position). Lines were originally segregated as to M and W, but the dance may be done in a mixed line for recreational purposes.

STEPS and

Walk, Bounce: With wt on one or both ft, raise heels (upbeat),

STYLING:

lower heels (downbeat).

M dance with strong movements, while W have smoother movements and dance the steps close to the floor.

Arms: During meas 1-2 of either dance the elbows move easily down and up on each ct.

Meas 3: Move joined hands and forearms to R, keeping elbows and upper arms still (ct 1); move hands and forearms to L (ct 2); return to orig pos (ct &).

Music is phrased in 4 meas, and the dance in 3 meas.

MUSIC 2/4

PATTERN

Measures

INTRODUCTION. The musical introduction consists of 9 notes played twice (18 notes total), then a pause before the melody begins. After the melody begins, the dance may begin whenever the leader desires.

I. BRE DEVOJČE

- Facing diag R of ctr, step on R in LOD (ct 1); bring L ft behind R calf with small bounce on R ft and a soft bend of R knee (ct 2).
- Step fwd on L twd ctr (ct 1); bring R ft behind L calf with a small bounce on L ft and a soft bend of L knee (ct 2).
- Facing ctr, step on R diag bkwd R (ct 1); keeping on the same diag, step on L behind R (ct 2). Arms move sdwd R and L.

Continue dancing Bre Devoj \check{c} e until the melody changes. Finish the pattern through meas 3 and then continue with Pod Ona.

II. POD ONA

- Facing a little L of LOD and moving in LOD, step fwd on R (ct 1); step L beside R (ct &); step fwd on R (ct 2).
- Continuing in LOD, step fwd on L (ct 1); step on R close to L heel (ct &); step fwd on L (ct 2). Keep steps small and close to the floor.
- Turning to face ctr, step on R to R side (ct 1); step on L behind R (ct 2). Arms move sdwd R and L.

Repeat above meas 1-3 (Pod Ona) until end of music.