

## BUCHARA HAYAFa

Israel

SOURCE/BACKGROUND: Choreographed by Shlomo Bachar

TRANSLATION: The beautiful Buchara (which at one time was the capitol of Persia)

PRONUNCIATION: buh-(C)HAH-RAH hah-yah-FAH (the "c" is a guttural sound)

MUSIC: Tape: Special cassette by Shlomo Bachar. Statewide '95

FORMATION: Closed circle, facing CCW (R), with hands joined in V-pos.

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METER: 4/4 (fast) PATTERN  
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Meas.

INTRODUCTION: 4 measPART I:

- 1 Facing CCW (R) - run R,L,R,L fwd.
- 2 Jump fwd onto both ft (ct 1); hold (ct 2); jump bkwd onto both ft (ct 3); hold (ct 4).
- 3-4 Repeat meas 1-2. (RLRL; jump fwd-bkwd)
- 5 Facing ctr and moving sdwd R - step R to R (ct 1); step L behind R (ct 2); step R to R (ct 3); touch L heel diag L fwd - raise hands fwd above head (ct 4).
- 6 Repeat meas 5 with opp ftwk moving sdwd L.
- 7 Run R,L fwd twd ctr (cts 1-2); small leap fwd onto R with bent leg as L toe touches beside R heel (ct 3); touch L toe behind R heel (ct 4).
- 8 Step L bkwd as R heel touches fwd (ct 1); hold (ct 2); run R,L bkwd to original pos (ct 3-4).

PART II:

- 1 Facing ctr - step R to R (rock) (ct 1); step L to L (ct 2); brush ball of R ft across L (ct 3); hold (ct 4).
- 2 Moving sdwd L (RL0D) - step R across L (ct 1); step L to L (ct 2); step R across L (ct 3); hold (ct 4).
- 3-4 Repeat meas 1-2, with opp ftwk, moving sdwd R (LOD).
- 5 Repeat meas 1 (R to R, L to L, brush Rx), except hop on L as R beg to circle bkwd (ct 4).
- 6 Step R bkwd (ct 1); hop on R bkwd (ct 2); jump bkwd onto both ft (ct 3); small leap onto L in place (ct 4).

PART III:

- 1 Facing ctr and dancing in place - step R across L as L lifts bkwd (ct 1); hop on R (ct 2); repeat cts 1-2 with opp ftwk (LxR, hop L), except on hop R extend fwd (cts 3-4).
- 2 Step-hop on R in place as L extends fwd (kicks) (cts 1-2); step-hop on L in place as R extends fwd (kicks) (ct 3-4).
- 3-4 Repeat meas 1-2.
- 5 Step-hop R fwd twd ctr - turning 1/4 R to face CCW (R) (cts 1-2); step L to L twd ctr - release hands (ct 3); hold (ct 4).
- 6 Lean twd L (knee bent) as R touches sdwd R - clap hands twd L and up (ct 1); hold (ct 2); clap twice more twd L (cts 3-4).
- 7 Do 2 slow steps R,L, - turning 3/4 CCW (R) twd outside of circle (cts 1-2, 3-4). End facing ctr.
- 8 Step R bkwd (cts 1-2); small jump onto both ft in place (ct 3); small leap on L in place (ct 4).
- 9-16 Repeat meas 1-8.

The dance is done 3 times through. End dance by stamping L in place (ct 4)

Original notes by David Edery  
Revised and R&S'd by Dorothy Daw, 3-95

Presented by Shlomo Bachar  
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