

MACEDONIAN FOLK DANCES
Volume 1

BUFCANSKO — Macedonia (Bitola)

Beg.

Буџчанско

(Line dance, no partners)

Translation: from village of Buf (near Bitola).

Record: Folkraft LP-15, side B band 2 (2:23)—kaval (2) & tapan.

Starting Position: "W" position. Left foot free.



Music 2/4

Measure

PART I (Music AA)

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|-----|--|--|
| 1 | | Step backward on left foot (count 1),
Turning to face slightly right, close and step on right foot beside left (count and),
Facing slightly and moving right, step forward on left foot (count 2),
Swing right foot around in a small arc and pivot on ball of left foot to face slightly left (count and). |
| 2 | | Facing slightly left but still moving right, three walking steps (right, left, right) backward (counts 1-and-2),
Swing left foot around in a small arc and pivot on ball of right foot to face slightly right (count and). |
| 3 | | Facing slightly and moving right, three walking steps (left, right, left) forward (counts 1-and-2),
Swing right foot forward in a small arc and pivot on ball of left foot to face center (count and). |
| 4 | | Keeping left foot in place, step sideward right on right foot and BOUNCE-BOUNCE on both heels (counts 1-and-2),
Closing left foot beside right, BOUNCE-BOUNCE again on both heels (counts 2-and). |
| 5-8 | | REPEAT pattern of measures 1-4. |

PART II (Music BB)

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|-------|--|--|
| 9 | | REPEAT pattern of Part I measure 1. |
| 10 | | Facing slightly and moving left, three walking steps (right, left, right) forward (counts 1-and-2),
Swing left foot around in a small arc and pivot on ball of right foot to face slightly right (count and). |
| 11-12 | | REPEAT pattern of Part I measures 3-4. |
| 13-16 | | REPEAT pattern of measures 9-12. |

BOUNCE-BOUNCE (♩): With weight on balls of feet, lower heels twice (counts 1-and).

Note: On this recording the musicians use the first playing of Music A as a sort of introduction, so dancers usually begin (with the drum beat) on measure 5..... Originally this was a woman's dance, but nowadays it may be danced by both sexes together in the line.