CACAK in 5 figures. Folk Danee from Yugoslavia Record FOLK DANCER MH 3022 Pronounced: Chah-chahk

FORMATION: Small lines of from 3 to 6 dancers scattered about the floor, all facing center, men and women in separate lines. Grasp neighbors'belts at sides nearest you, Left arm in front of neighbor's R arm all down the line. End dancers tuck thumb of free hand in own belt.

FIGURE 1:("Basic") bet 3% gathata .3% no god-gate ) C.asaM as some 8.asaM

Meas.1 ct.1 Step R with R ft.

ct.2 Continuing to R, step Lft behind Rft.

Same as Meas.1 Meas. 2

Meas.3 ct.1 Step on R ft in place.

ct.2 Hop on R ft in place.

Meas.4 ct.1 Step on Lft in place

ct.2 Hop on Lft

Stamp fwd, onto R ft., bringing shoulders back. Do not bring free Meas.5 ct.1 Lft forward here - L knee comes forward, but Lft remains even with, or a little behind, R knee. a private the good 1.30 A. and

Asso galvon ilita , at I no con-coda

ct.2 Hop on Rft. delaste gatemithes til no cell 1.15

Meas.6 ct.1 Step back to original place with Lft.

ct.2 Step Rft beside Lft.

Meas.7.ct.1 Step Lft in place

ct.2 Hop on Lft in place, bringing shoulders forward.

Same as Meas. 5-6 Meas.8-9

Three un-stamped steps in place, L-R-L. Meas. 10

FIGURE 2 (THREES)

Facing halfway to R, take two 2-steps RLR, LRL. Meas.1-2 Facing center, do 3 "threes" inplace RLR, LRL, RLR. Meas.3-4-5

Meas.6 ,ctl. Step L with Lft.

Step Rft to L across in front of Lft.

Do "three's"(2 of them) in place, LRL, RLR. Meas.7-8

Same as Meas.6 Meas. 9

Small steps (l"three") in place LRL Meas.10

FIGURE 3 (STAMPS)

Meas.1, ct.1. Slight hop on Lft, moving a bit to R.

ct.& Step Rft to R.

ct.2 Close Lft to Rft, taking wt, on L ft.

Same as Meas.1. Meas. 2

Meas.3. ct.1 Step Rft in place.

ct.2 With slight turn to R, and bending slightly, stamp Lft a bit forward beside Rft, without taking wt, on Lft.

Meas.4. ct.1 Step Lft in place, facing center and straightening.

ct.2 With slight turn to L, and bending slightly, stamp Rft a bit forward beside Lft, without taking wt, on Rft.

Same as Meas.3 ( step Rft, stamp Lft) Meas. 5

Same as Meas. 6 of Fig. 3 Meas. 6

Same as Meas.4 ( step Lft, stamp Rft) Meas.7 Same as Meas.3( step R ft, stamp Lft)

Meas.8 Same as Meas. 6 of Fig 3. Meas.9

Same as Meas.4(step Lft, stamp Rf t) Meas 10

Cont

Continued on reverse side

## CACAK IN FIVE FIGURES - Page 2

## FIGURE 4 (KICKS)

Meas. 1-2 Same as Meas. 1-2 of Fig. 3

Meas. 3 ct 1 Step on Rft in place

ct.2 Slight hop on Rft, kick Lft fwd low, leading with toe.

Meas.4. ct.1 Step on Lft in place.

ct.2 Slight hop on Lft, kick Rft fwd.low, leading with toe.

Same as meas.3 ( I.e., step-hop on R ft, kicking Lft fwd).

Meas. 6 ct.1 Slight hop on Rft, moving a bit to L.

ct.& Step Lft to L.

ct.2 Close Rft to Lft, taking wt on Rft.

Same as Meas.4 ( i.e., step-hop on Lft, kicking Rft fwd)

Meas. 8 Same as Meas. 3 ( step-hop on Rft, kicking Lft fwd) . Standing to assure

Meas.9 Same as Meas.6

Meas 10. Same as Meas. 4 ( I.e., step-hop on Lft, kicking R ft fwd).

## FIGURE 5 (FORWARD AND BACK)

Same as Meas. 1-2 of Fig. 1. Meas. 1-2

Step on R ft Meas.3.ct.1

ct.2 Hop on REt, moving fwd, on a curved path ( as if from "six c"clock" ) to three o'clock) secon send I - and brawnol fil

Hop on R ft in place.

Of seem .

ct.1 Step on Lit, moving straight forward of still a re-

ct.2 Hop on Lat, continuing straight forward.

ct.1 Stamp onto R ft at 12 o'clock" across in front of Lft. Meas.5 ct. 2 Hop on R ft.

ct.1 Step back with Lft. Meas. 6

ct.2 Step back with Rft ( this step may be done beside Lft or to L of Lft)

ct.1 Step on Lft, still moving back. ded. as and as sand

ct.2 Hop on Lft, still moving back a begins as a second

Step-hop on R ft, still moving back Meas.8

ct.1 Step L with L ft Meas.9

ct.2 Step Ret to L across in front of Lft.

Meas. 10 Small steps LRL in place. Series & 65 Testes Agree



forward beside Rit, without taking wt. on Lit. Step Lit is place, facing center and straightening.

forward beside Lit, without taking wt, on Rit,

Same as Macs.3 ( step Rft, stamp Lft)

Same as Mass.4(step Lft, stamp Rf t)

Dance taught by Dick Crum at Maine Folk Dance Camp

Continued on reverse side

Same as Meas. 6 of Fig. 3